



The City of Millbrae and Central County Fire Dept.

Presents

Community Emergency Response Team (CERT) Training



FREE!

Here is your opportunity to become a trained member of “CERT”, the City of Millbrae Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during a hands-on session at the Chetcuti Room and Millbrae Fire Station # 37.

<p>Tuesday, January 24, 2017 Disaster Awareness, Fire Safety & Utility Control</p> <ul style="list-style-type: none"> • Disaster types, history and probability • How to prepare before it happens • What to do when a disaster strikes • Natural gas, water & electrical controls • Types of fire & use of extinguishers to put fire out 	<p>Tuesday, January 31, 2017 Medical Part 1</p> <ul style="list-style-type: none"> • Treat Life – Threatening Conditions • Triage – Public Health Considerations • Disaster Medical Operations • Establishing Treatment Areas
<p>Tuesday, February 7, 2017 Medical Part II</p> <ul style="list-style-type: none"> • Head-to-toe Assessments • Opening the airway. • Stop bleeding and controlling shock • Triage, burns, fractures and other injuries 	<p>Tuesday, February 14, 2017 Light Search and Rescue</p> <ul style="list-style-type: none"> • Different types of construction and where to look for damage. Building marking system • Interior search patterns • Lifting heavy objects and mechanical advantage • Victim carries
<p>Tuesday, February 21, 2017 CERT Communications</p> <ul style="list-style-type: none"> • Communications 101 • Composing emergency messages • Hands on practice with MURS Radios 	<p>Tuesday, February 28, 2017 Disaster Psychology, CERT Organization and Management</p> <ul style="list-style-type: none"> • Disaster Psychology • CERT Incident Command System; managing the disaster and documentation • Disaster plans and where CERT fits in
<p>March 7, 2017 Terrorism & Refresh</p> <ul style="list-style-type: none"> • What is Terrorism • Terrorist Targets • Preparing at Home and Work • Refresh for Skills Days 	<p>**Saturday, March 11, 2017** Skills Development and Application</p> <ul style="list-style-type: none"> • Extinguish fires • Triaging and treating victims • Extricating victims trapped by heavy timbers • Interior search for reported missing persons • Course Review-Graduation Ceremony

All classes will be held at the **Chetcuti Room , 450 Poplar Ave., Millbrae** from 6:30 to 9:00pm and the ****Skills Development & Application**** will be held at **Fire Station #37, 511 Magnolia Ave., Millbrae** on Saturday March 11th from 8:00 AM to 3:30 PM.

Please wear comfortable shoes and clothing to the last class.

To register please visit <http://conta.cc/2feGIKe>