

# MIDDLE SCHOOL SPORTS

## Middle School Spring Sports

The Millbrae Recreation Department Middle School sports program is open to all 6th, 7th, and 8th grade students who attend school in the City of Millbrae. Teams compete in the North County Recreation League. Parents must provide transportation to away games. Please register your child before the start of each program at the Millbrae Recreation Department or online. Your child will not be permitted to participate in any program until they are registered with the Recreation Department.

### **Badminton** Minimum participants required: 10

Fee: \$150 (\$9 T shirt)

After evaluations, players will be placed in either the North County Recreation League (NCRL) or the intramural program. Both programs will have 3 days of practice and 1 game day per week. NCRL Team: Transportation to away games must be provided by parents. Intramural Team: All practices and games will be held at Taylor.

Code: 15468

**Evaluation Dates/Times: 3/17, 3/22, and 3/25 from 3:10pm – 6:00pm**

### **Track** Minimum participants required: 16

Fee: \$150 (\$9 T shirt)

The track program will be held on Mondays and Thursdays at the Capuchino High School track.

Code: 15786

**Practice Days/Times: Mondays and Thursdays (until meets begin) 6:00pm -7:30pm**

### **Golf** Minimum participants required: 5

All practices and games will be played at Mariners Point Golf Course.

Code: 15471

**Fee: \$150 (\$17 polo)**

### **Girls Lacrosse** Minimum participants required: 10

Fee: \$150 (\$30 uniform)

Practice will be held twice a week at Taylor Field, games to be played at Crocker Middle School on Wednesdays. Code: 15469

**Practice Days/Times: Tuesdays and Thursdays from 3:30pm – 5:00pm**

### **Tennis** Minimum participants required: 10

Fee: \$150 (\$9 T shirt)

All tennis evaluations, practices, and home matches will be played at the Millbrae Recreation Tennis Courts. Matches will be played on Wednesdays or Thursdays. Players must provide their own racket.

Code: 15470

**Evaluation Dates/Times: 3/17 and 3/22 from 3:10pm – 4:45pm**

Program runs 3/21 – 5/27

Registration Deadline: March 21

There will be no program during Spring Break: 3/28 – 4/1

#### **Registration Deadlines**

The registration deadline is strictly adhered to pending the available space per team. If space becomes unavailable before or after the registration deadline, participants are placed on the Waiting List. If space becomes available the next participant on the Wait List shall fill the available space on the team roster.

#### **Youth Program Late Pick-Up Policy**

A \$20.00 late pick up fee is charged for each 30 minutes (commencing at 1 minute late) after the program conclusion.

#### **Youth Program Sign-Out Policy**

The City of Millbrae Recreation staff will sign youth participants into the program according to the time they arrive. Parents/guardians are required to sign youth participants out of the program. Staff will only release youth participants to those parents/guardians listed on the release waiver.

# ELEMENTARY SCHOOL SPORTS

## ELEMENTARY AFTER SCHOOL SPRING SPORTS

### Spring Sports

The after-school sports program runs all year at Green Hills, Meadows, Spring Valley, and Lomita Park Elementary Schools. Sports include flag football, volleyball, basketball, kickball and badminton. This program is open to all 4th and 5th grade students at these schools. Our programs emphasize teamwork, skill development, some competition, and most importantly, fun! Practice takes place immediately after school ends.

### CO-ED KICKBALL

Fee: \$89 with shirt: \$99

Program runs March 21 – May 13

Registration Deadline: April 1

The start date for kickball is Monday, March 21. The program will end no later than Friday, May 13. There is no program during Spring Break. Practices are held at each school site on Mondays and Thursdays from 2:30pm to 4:30pm (2:15pm to 4:15pm for Green Hills). Games are played at Green Hills on Friday afternoons. Children must be registered before they can participate. Transportation to games must be provided by parents.

School	Code	Days
Lomita Park	15436	M, Th, F
Meadows	15437	M, Th, F
Spring Valley	15438	M, Th, F
Green Hills	15435	M, Th, F

### CO-ED BADMINTON

Fee: \$65

Program runs April 8 – May 20

Registration Deadline: April 15

The badminton program takes place on Fridays at the Taylor Middle School gym from 5pm to 6:30pm. Players will learn badminton fundamentals and play in matches- a great way to have fun and be introduced to the sport of badminton! Transportation to Taylor must be provided by parents. Children must be registered before they can participate.

School	Code	Days
All	15554	Fridays

### Registration Deadlines

The registration deadline is strictly adhered to pending the available space per team. If space becomes unavailable before or after the registration deadline, participants are placed on the Waiting List. If space becomes available the next participant on the Wait List shall fill the available space on the team roster.

### Youth Program Sign-Out Policy

The City of Millbrae Recreation staff will sign youth participants into the program according to the time they arrive. Parents/guardians are required to sign youth participants out of the program. Staff will only release youth participants to those parents/guardians listed on the release waiver.

### Youth Program Late Pick-Up Policy

A \$20.00 late pick up fee is charged for each 30 minutes (commencing at 1 minute late) after the program conclusion.