



2015-2016 7<sup>TH</sup> GRADE FLAG FOOTBALL TEAM

# Millbrae Youth Sports

2016

WOULD YOU LIKE TO VOLUNTEER?

## 2016 Fall Sports

Millbrae Recreation Department

The Millbrae Recreation Department sports program is open to all 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade students who attend school in the City of Millbrae. Teams compete in the North County Recreation League South. You may register your child before the start of each program at the Millbrae Recreation Department at 621 Magnolia Avenue or online at [www.ci.millbrae.ca.us/recreation](http://www.ci.millbrae.ca.us/recreation).

### Taylor Cross Country

Our Cross Country program is open to all Taylor middle school boys and girls. Participants will learn the essential techniques for successful distance running while building their endurance. Teams will meet two or three times per week (T, W, Th) for practice and/or meet. Once meet begins there will be no practice on meet days. First practice date is 9/8 at 3:10-4:30.

Code: **15964** all middle school grades

### Taylor Girls Volleyball

Our Volleyball program is open to Taylor middle school girls. Participants will work on skills and learn the rules so that they can understand and enjoy the game. Teams will meet two or three times per week (TBD) for

practice and/or league games. Once season start there will be no practice on game days. Evaluation dates are 9/2 & 9/8 from 3:10-5 for 6<sup>th</sup> grade; 9/1 3:10-5:00 & 9/7 2:10-4:00 for 7<sup>th</sup> grade; 8/31 2:10-4:00 & 9/6 3:10-5:00 for 8<sup>th</sup> grade.

- **15972** all 6<sup>th</sup> grade
- **15973** all 7<sup>th</sup> grade
- **15974** all 8<sup>th</sup> grade

### Taylor Co-ed Flag Football

Our Flag Football program is open to all Taylor middle school boys and girls. We offer a safe, instructional, and fun environment for all our participants to improve confidence, develop teamwork, and discover joy in playing sports. Teams will meet two or three times per week (TBD) for practice and/or league games. Once league starts there will be no practice on game days. Evaluation dates are 8/31 2:10-4:00 & 9/8 3:10-5:00 for 6<sup>th</sup> grade; 8/30 3:10-5:00 & 9/7 2:10-4:00 for 7<sup>th</sup> grade; 8/29 3:10-5:00 & 9/6 3:10-5:00.

- **15969** all 6<sup>th</sup> grade
- **15970** all 7<sup>th</sup> grade
- **15971** all 8<sup>th</sup> grade.



### Looking for volunteer coaches

We are looking for aspiring and experienced coaches who are passionate about teaching skills, player development, leadership, and sportsmanship for our elementary and middle school sport programs. Sign up online at <http://bit.ly/2aicSyO> or contact 650-259-2365 if you have any questions.



Please contact the Recreation Department for any questions regarding our program.

650-259-2365 / [ggabriel@ci.millbrae.ca.us](mailto:ggabriel@ci.millbrae.ca.us) / [www.ci.millbrae.ca.us/recreation](http://www.ci.millbrae.ca.us/recreation)