

March/April 2024

MILLBRAE SENIORLINE



March Senior Lunch

Come join us for a lovely lunch and
entertainment!

Date: March 12

Time: 11:30am-1:30pm

Fee: \$5.00 or free if it is your birthday month!

Location: Millbrae Recreation Center

Reservation is required and space is limited.
Please call 650-259-2338 by March 6th to RSVP



**Subscribe to our Seniorline at
bit.ly/millbraeseniorline
or call 650-259-2338**

MARCH BIRTHDAYS

3/1 Pauline Bertolino

3/1 Fae Melmon

3/2 Pauline Argner

3/3 Mary Ann Parka

3/5 Mildred Lisco

3/6 Samuel Gnessin

3/7 Anne Williams

3/7 Glade Beresford

3/8 Santina Sebastiani

3/8 Margaret Helmers

3/8 Nelson Ifan

3/9 Bonnie Maguire

3/10 Dr. Jagdih Patel

3/10 Keith R. Baugh

3/10 Rose Jaber

3/13 Helen Perez

3/13 Pat Samuelson

3/16 Randy Sahae

3/16 Russell Clarks

3/18 Sandra Friedman

3/20 Ruth Coleman

3/20 Mildred Tani

3/20 James M.

Gebretsen

3/20 Eleanor

Webster

3/20 Helen Eatrow

3/22 Jeannie

Feanne

3/22 Alice Del Sarto

3/23 Lorraine Lee

3/23 Carylee Barker

3/26 Bart Elliot

3/27 Frederick

Brown

3/28 Ruth Henon

3/29 Delores Haas

3/30 Chang Soo Ng

3/30 Toshiko Chang

3/30 Balbina Kedit

APRIL BIRTHDAYS

4/4 Joitn Behlmer

4/4 Rebecca Willot

4/7 Barbara Finnigan

4/10 Ben Mencone

4/10 Don Morrissey

4/11 Isabel Galez

4/12 Barbara Broce

4/13 Charles Mabardy

4/14 Marie Burns

4/14 Charlotte Chemavonian

4/15 Jay Miller

4/16 Maureen Deluige

4/17 James Williamson

4/18 Elaine McRee

4/18 Eleanor Webster

4/19 Emily Moskowitz

4/19 Agnes Sims

4/19 Pat Morrissey

4/20 Clara Taylor

4/22 Dottie Driesboch

4/25 Elsie Dab

4/25 Mike Stiegler

4/29 Margaret Kingston

4/29 Lina Enriquez

Millbrae Events

March



- March 5** Senior Stories-10:00am-Senior Lounge
- March 12** Senior Lunch 11:30am- Great Hall
- March 20** Senior Advisory Committee Meeting-
9:00am-Conference Room B

April

- April 2** Senior Stories-10:00am-Senior Lounge
- April 6** Garden Day-11:00am-2:00pm
Millbrae Central Park
- April 9** Senior Lunch-11:30am-Great Hall
- April 12** Movie Night-6:30pm-Great Hall
- April 17** Senior Advisory Committee Meeting-
9:00am-Conference Room B
- April 19** Bingo Night-6:30pm-
Millbrae Recreation Center



**For More Information Please
Call 650-259-2360**



MILLBRAE NATIVE PLANT COURSE

April 20, 2024

10:00 AM - 12:00 PM

Easy to Grow Native "Keystone" Plants for Sun and Shade

Celebrate Earth Day by boosting biodiversity right in your garden!

Taught by
Jennifer Dirking
from the
California
Native Plant
Society

WHAT YOU WILL LEARN:

- ✓ Which Plants Thrive
- ✓ Birds, Butterflies, & Bees
- ✓ Options for Design
- ✓ Methods for Planting

Class Location

Millbrae Recreation Center
477 Lincoln Circle, Millbrae CA



For More Info

Visit Our Website
ci.millbrae.ca.us



MILLBRAE NEWS

A BI-WEEKLY NEWSLETTER!

Scan to sign up
for Newsletter:



STAY CONNECTED!

Stay up to date with current City news and interact in real time with City staff by utilizing one of our many opportunities for outreach and collaboration!

FOLLOW OUR PAGES:



Follow us on
Instagram:
[@Cityofmillbrae](https://www.instagram.com/Cityofmillbrae)



Like us on Facebook:
facebook.com/cityofmillbrae



Follow us on X
(Twitter):
[@Cityofmillbrae](https://twitter.com/Cityofmillbrae)



Nextdoor
<https://bit.ly/MillbraeNextdoor>

Senior Stories



**1st Tuesday monthly at 10:00am
Millbrae Recreation Center**



**Please come join us for coffee, pastries and
storytelling! Learn about other people in our
community. No RSVP necessary.**

**If you would like to share your story, please
contact**

**Millbrae Recreation
at 650-259-2364**





SENIOR AND ADULT

BINGO NIGHT

GAME | PRIZES | DESSERT

MILLBRAE RECREATION CENTER

477 Lincoln Circle

FRIDAY, APRIL 19TH AT 6:30PM
\$5.00 TO BE PAID AT THE DOOR

TO RSVP PLEASE
CALL 650-259-2338

Mark your Calendars!
Come and celebrate
July 4th in
Millbrae Central Park
with
Live Music!!
12:00pm-3:30pm



City of Millbrae
Central Park

Live Music:

12-1:30 pm - As-Is-Band

2-3:30 pm - Busta Groove

Location:

Millbrae Central Park

477 Lincoln Circle,

Millbrae, CA 94030

Come and celebrate 4th of July in Millbrae and enjoy our **Concert in the Park!**

The event promises to be a fun-filled day with live music and entertainment.

The music starts at noon, so be sure to arrive early and secure your spot.


Bring your family and friends and join us as we celebrate **Independence Day** with great music and good company. We look forward to seeing you there!



MAY 18, 2024

Doubles MILLBRAE PICKLEBALL TOURNAMENT

Proceeds will go to the Millbrae Youth Sports Scholarship

 **COED 3.5-4.0**
Adults (18 & over)

 **COED 60 & OVER**



Details

Two 16 Team Events
COED 3.5-4.0 Bracket
COED 60 & Over Bracket
Guaranteed Two 15 Point Games

Location

Central Park Courts
477 Lincoln Circle, Millbrae

Time

Games begin at 9:00 am

Register online: bit.ly/milrec

Raise a paddle & join us at our upcoming Pickleball Tournament, sponsored by the City of Millbrae. Your participation will make a direct impact on the Youth Sports Scholarship. Let's unite and make a difference while having fun on the court. We appreciate your support!

\$100
entry fee
per team

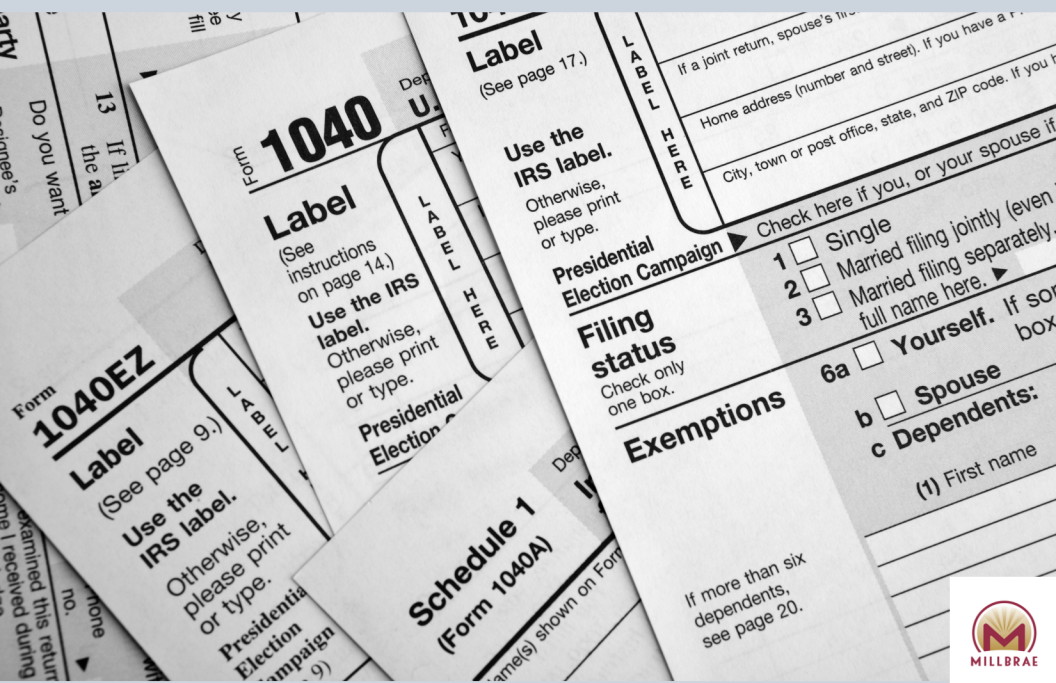
(650) 259-2360

AARP TAX-AIDE at the Millbrae Recreation Center

**Need help with a simple tax return?
AARP volunteer agents can assist you in filing
your tax return.**

**Go to bit.ly/millbraetaxprep or call
650-259-2338 and schedule an appointment.**

**Appointment Dates:
March 6, 13, 20, and 27
April 3, and 10**



SENIOR ADVISORY

Committee



3RD WED MONTHLY, 9:00 A.M., AT THE MILLBRAE RECREATION CENTER

The Senior Advisory Committee consists of members appointed by the City Council. Members are qualified electors of the City and shall serve of a term of two years, and may be reappointed to additional terms and serve without compensation. Members cannot hold any public office or City position while serving on the Committee.

View the official
City of Millbrae
events page at
ci.millbrae.ca.us
for more details

Members: Rochelle **Mullen** (Chair), Marlene **McBride** (Vice- Chair), Mimi **Lee**, Mary Ellen **Pellegrini**, Mimi **Lin**, Patrick **Cheng**, Vinita **Ghosh**
477 Lincoln Circle, Millbrae, CA 94030

MILLBRAE CULTURAL ARTS
ADVISORY COMMITTEE

MILLBRAE ARTS AND CRAFTS SHOW 2024

May 17, 6-9PM

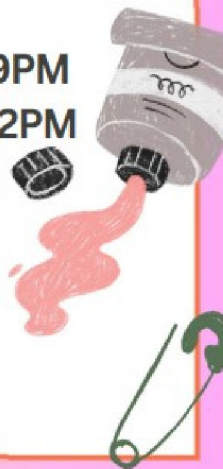
May 18, 11-2PM

Celebrating Millbrae's
Local Talent

Visit bit.ly/mcaacartshow for details

MILLBRAE RECREATION CENTER,
477 Lincoln Circle, Millbrae, CA 94030

*bit.ly link is case sensitive



It's time for Garden Day!

COME OUT & JOIN US FOR THE
FIRST OF TWO ANNUAL GARDEN DAYS.

When: April 6, 11am -2pm

Where:

**Millbrae Central Park
(Upper & Lower Garden)**

Let's pull out our gloves and get ready to
dig, pull weeds around the garden & plots.
Dirt, mulch, shovels & wheelbarrows will be
available.

Hope to see you out there!

FOR MORE INFORMATION
CONTACT: EMANUEL
erosales@ci.millbrae.ca.us

TRIVIA TIME!!!!!!

MOVIES

- 1 - Which film won the Oscar for Best Picture in 1960?
- 2 - Which actor won the Oscar for Best Actor for his role in the 1962 film To Kill a Mockingbird?
- 3 - Which film was the highest grossing release of 1963, yet still lost money because it was one of the most expensive films ever made?
- 4 - Who played the role of Norman Bates in the 1960 horror movie, Psycho?
- 5 - What was the name of Butch Cassidy's gang in Butch Cassidy and the Sundance Kid?
- 6 - What type of airplane appears in Dr. Strange/ave?
- 7 - Who landed at 17 Cherry Tree Lane in a well-known Walt Disney movie from 1964?
- 8 - What famous actor starred in Lilies of the Field and Guess Who's Coming to Dinner?
- 9 - Easy Rider starred Peter Fonda, Jack Nicholson and Dennis Hopper. Which one directed the movie?
- 10 - What 1968 movie co-starred a computer named H.A.L?

POP CULTURE

- 1 - Which iconic blonde actress, and rumored lover of President John F. Kennedy, was found dead in her bedroom August 5, 1962?
- 2 - Which former first lady married Greek shipping tycoon Aristotle Onassis October 20, 1968?
- 3 - In which year did the Woodstock Festival take place?
- 4 - Which product did Proctor and Gamble launch in 1966 that revolutionized baby care?
- 5 - What famous band arrived from England to the U.S. in February 1964?

1 - The Apartment 2 - Gregory Peck 3 - Cleopatra 4 - Anthony Perkins 5 - Hole in the Wall Gang 6 - Boeing B-52 7 - Mary Poppins 8 - Sidney Poitier 9 - Dennis Hopper 10 - 2001: A Space Odyssey 1 - Marilyn Monroe 2 - Jacqueline Kennedy Onassis 3 - 1969 4 - Pampers 5 - Beatles

AARP

6 Things You Need to Know Before Filing Your Tax Return

Get that 2023 refund fast and keep it safe from fraudsters

The IRS says the key to getting your tax refund fast is to file early – and file electronically. Typically, you can get a refund within 21 days after the IRS has accepted the return, provided there are no mistakes on the tax form.

Here are 6 things every taxpayer needs to know about filing taxes this year.

1. Taxes are due April 15

Believe it or not, federal income taxes haven't been due on April 15 since the 2019 filing season, thanks to various holidays, quirks of the calendar and other unusual events, (think: pandemic). For the 2024 filing season, however, the deadline is April 15 – with a few exceptions.

2. It's easy to get an extension

You can get an automatic filing extension for your 2023 tax return until Oct. 15. All you have to do is fill out and file IRS Form 4868 by April 15. The catch – and it's a big one – is that you must pay your taxes by April 15, even if you have an extension. But you'll dodge the failure to file penalty, which is much higher than the failure to pay penalty.

The penalty for late filing is 5 percent of the amount due each month, and the failure to pay is 0.5 percent a month, and maxes out at 25 percent. (When both penalties are levied in the same month, the total penalty is 5 percent a month: 4.5 percent for failure to file and 0.5 percent for failure to pay.) You'll also owe 8 percent interest on the unpaid taxes.

3. There's a special tax form for seniors

If you're having trouble reading IRS Form 1040 – your main income tax form – consider IRS Form 1040 SR, U.S. Tax Return for Seniors, which is designed for older taxpayers with aging eyes. The form has larger type than the regular 1040. It also has a chart for calculating your standard deduction – a good way to ensure that taxpayers 65 and older take the larger standard deduction to which they are entitled.

4. You get a higher standard deduction if you're 65 or older

The standard deduction reduces your taxable income – and by quite a lot. The standard exemption for single filers and for those who are married but filing separately is \$13,850 in the 2023 tax year, up \$900 from the 2022 tax year. For married filers, the standard exemption is \$27,700, up \$1,800 from 2022.

The standard deduction gets even better if you're 65 or older. Each joint filer 65 and older can increase the standard deduction by \$1,500, for a total of \$3,000 if both joint filers are 65-plus. In total, a married couple 65 or older would have a standard deduction of \$30,700. Single filers 65 or older get an extra \$1,850 standard deduction.

5. Charitable contributions can be hard to deduct

One thing that's not so swell about the standard deduction: It makes it harder to claim itemized deductions, such as charitable donations. A married couple who are both 65 or older would need \$30,700 in deductions to make itemizing worthwhile.

In the 2021 tax year, a married couple could deduct \$600 of charitable gifts without itemizing. Sadly, that deduction has vanished from the tax code.

6. File early to guard against fraud

If someone has stolen your identity, they can steal your tax return too. All they have to do is file before you do, and your refund check will soon be winging its way over to them. Getting that corrected will take much longer than just filing a return.

If you're worried about identity theft or tax fraud, ask the IRS for a personal identification number (PIN). It can help keep a fraudster from getting a new set of tires with your refund.

If you are a hate crime victim, you should:

如果您是仇恨犯罪受害者，您應該：

Contact your local law enforcement agency

聯絡您當地的執法機構

Emergencies only: 9-1-1

僅緊急情況：9-1-1

San Mateo Police Department: (650)522-7700

聖馬刁警察局：(650)522-7700

**San Mateo County Sheriff's Office Anonymous Tip Hotline:
(800)547-2700**

聖馬刁縣治安官辦公室匿名舉報熱線：(800)547-2700

**Non-emergency, need an officer dispatched or immediate
assistance:(650)363-4911 Extension 1**

非緊急情況，需要派員或立即協助：(650)363-4911 分機 1

California vs Hate Hotline: 833-866-4283

加州 vs 仇恨熱線: 833-866-4283

Report Incident on line 在線報告事件

<https://www.ci.millbrae.ca.us/371/File-a-Report-Online>

U.S. Department of Justice 美國司法部

<https://www.justice.gov/zh-hant/hatecrimes/report-a-hate-crime>



支援在聖馬刁地區因仇恨事件或仇恨犯罪而受害及影響的人仕, 以及為其家庭提供多種服務:

- 案例管理
- 社區資源支持
- 法律諮詢
- 安全護伴服務
- 旁觀者培訓與援助

聯絡我們

650-667-1077



This program is funded and authorized by CDSS

地址: 1710 S Amphlett Blvd#100, San Mateo, CA 94402

March events at Self-Help for the Elderly

3/4 Hepatitis B Screening and Presentation,
10:00am-1:30pm

4/17 SamTrans Transportation Resource Seminar,
12:00pm-1:30pm

3/12 Stanford Medicine Free Health Screening Event,
10:30am-1:00pm

**Events will be held at the David J Chetcuti Room,
450 Poplar Ave Millbrae, Admission is free.**



Self-Help for the Elderly

安老自助處

Millbrae Recreation Dept.
Senior Program
477 Lincoln Circle
Millbrae, CA 94030
Phone: (650) 259-2364

PSRFD STD
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PERMIT NO. 115

Self-Help for the Elderly Senior Lunch Program provides
nutritious meals to elders from

9:30 am to 1:30 pm, Monday to Friday.

If you are 60 years old or above and would like to participate,
please get in touch with us at 415-319-4115 and leave a
message.

We require a reservation in advance. We offer in-person
activities and virtual classes; everyone is welcome to join.

For the monthly lunch menu, class schedule,
or our center locations, please visit

selfhelpelderly.org/locations

Our Home Delivered Meals Service is available for
homebound individuals needing the service.
Please get in touch with our San Mateo Center
for details at 650-342-0822.

Mailing Address

