

**May/ June 2024**

# **MILLBRAE SENIORLINE**



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**June Senior Lunch**  
**Come join us for a lovely lunch  
and entertainment!**

**Date: June 11th**

**Time: 11:30am-1:30pm**

**Fee: \$5.00 or free if it is your birthday month!**

**Location: Millbrae Recreation Center**

**Reservation is required and space is limited.**

**Please call 650-259-2338 to RSVP by June 3rd**



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**Subscribe to our Seniorline at  
[bit.ly/millbraeseniorline](https://bit.ly/millbraeseniorline)  
or call 650-259-2338**

# **May Birthdays**



**5/2 Lucille Flores**

**5/4 Mary Weir**

**5/5 Jennie Chow**

**5/5 Jean McPhee**

**5/5 Nader Ostovar**

**5/9 Rochelle Mullen**

**5/10 Robert Kahle**

**5/11 Anita Kim**

**5/11 Edward Feliciano**

**5/11 Natalie Mihalek**

**5/13 Leonard Rosenblatt**

**5/13 Lorah Pearson**

**5/14 Rose Anderson**

**5/16 Paul Tripp**

**5/17 Ada Bozza**

**5/20 Margaret Perse**

**5/21 Larry Miller**

**5/21 Ray Henon**

**5/21 Lucille Santiago**

**5/22 Elizabeth Louie**

**5/22 Anna Marie Kocjan**

**5/27 Elaine Griffin**

**5/29 Velia Danello**



# **June Birthdays**

**6/3 John Ryan**  
**6/5 Melba Catania**  
**6/6 Norman Russey**  
**6/11 Rosemary Lashkoff**  
**6/13 Elaine Gamez**  
**6/14 Shirley Del Carlo**  
**6/16 Marie Noce**  
**6/19 Helen Anderson**  
**6/19 Claire DeLucchi**  
**6/22 Edith Severini**  
**6/23 Gladys Kafka**  
**6/25 Diana O'Connor**  
**6/26 Carol Esola**  
**6/28 Pat Georanazzi**  
**6/28 June Magnusson**

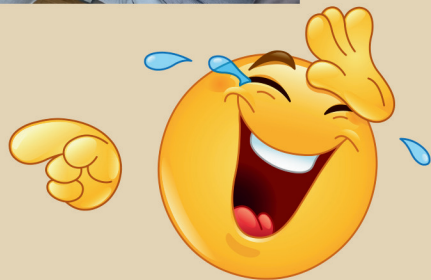
**If you or someone you know would like to be added  
or removed from this list, please call us at  
650-259-2338**



# **“Bad Dad Jokes” and Coffee!**

**Come hang out in our  
Senior Lounge  
to chat, laugh, and have  
free coffee!**

**Every Thursday in May and June  
from 10am-11:30am  
Millbrae Recreation Center**







SERVE ON A

**Contribute to the  
Millbrae of tomorrow  
and foster positive  
outcomes in our  
community!**

**COMMISSION  
OR COMMITTEES**

**APPLY TODAY!**

- **Community Enhancement Advisory Committee**
- **Cultural Arts Advisory Committee**
- **Economic Vitality Advisory Committee**
- **Parks and Recreation Commission**
- **Planning Commission**
- **Senior Advisory Committee**
- **Sister Cities Commission**
- **Youth Advisory Committee**



**For more  
information Scan**

For questions or assistance, contact the City Clerk's Office at  
[administration@ci.millbrae.ca.us](mailto:administration@ci.millbrae.ca.us) or (650) 259 - 2414

# **Senior Drop-In Programs**

**this Spring at the  
Millbrae Recreation Center!  
Come join the fun!!**

**Mondays: Line Dancing, Senior Game Day**

**Tuesdays: Chinese Line Dancing, Quilting**

**Wednesdays: Painting, Creative Yarn and  
Stitches, Taiji**

**Thursdays: Senior Aerobics, Chinese Line  
Dancing, Line Dancing Progressive  
Series, Painting, "Bad Dad Jokes" and  
Coffee**

**Fridays: Line Dancing, Ballroom Dancing**

**For more information on times and fees please  
call 650-259-2338**





# Millbrae Events



## May

- May 7** Senior Stories- 10:00am- Senior Lounge
- May 11** Bike Rodeo- 11:00am-Taylor Middle School
- May 14** Senior Lunch- 11:30am- Great Hall
- May 15** Senior Advisory Committee Meeting- 9:00am- Conference Room B
- May 17** Millbrae Arts and Crafts Show-6:00pm-9:00pm- Millbrae Recreation Center
- May 18** Millbrae Arts and Crafts Show-11:00am-2:00pm- Millbrae Recreation Center

## June

- June 4** Senior Stories-10:00am-Senior Lounge
- June 11** Senior Lunch-11:30am-Great Hall and Town Hall Focus Group for Age Friendly
- June 14** Movie Night -Sundown-Central Park
- June 15** Juneteenth Celebration-10:00am-3:00pm- Central Park
- June 19** Juneteenth Holiday



**For More Information Please  
Call 650-259-2338**



5TH ANNUAL  
**MILLBRAE  
ROTARY  
MAYOR'S CUP**

# **GOLF TOURNAMENT 2024**

Chance to win \$20,000 hole-in-one prize!



**GREEN HILLS  
COUNTRY CLUB**

**JUNE  
3**

**REGISTER NOW**

[bit.ly/milgolf](https://bit.ly/milgolf)

500 Ludeman Ln, Millbrae, CA

To register go to [bit.ly/milgolf](https://bit.ly/milgolf) or call **650-259-2338**

**MILLBRAE CULTURAL ARTS  
ADVISORY COMMITTEE**

# **MILLBRAE ARTS AND CRAFTS SHOW 2024**

Submit  
your art!!

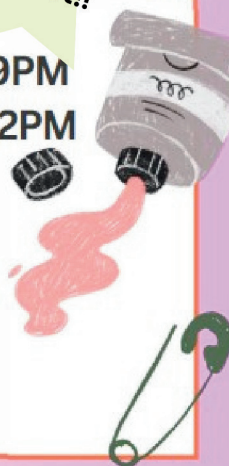
**May 17, 6-9PM  
May 18, 11-2PM**

**Celebrating Millbrae's  
Local Talent**

Visit [bit.ly/mcaacartshow](https://bit.ly/mcaacartshow) for details

**MILLBRAE RECREATION CENTER,  
477 Lincoln Circle, Millbrae, CA 94030**

\*bit.ly link is case sensitive





# Senior Stories



**1st Tuesday monthly at 10:00am  
Millbrae Recreation Center**



**Please come join us for coffee, pastries and  
storytelling! Learn about other people in our  
community as they share their life story.**

**No RSVP necessary.**

**Free, and all are welcome!!**

**If you would like to share your story,  
please contact Millbrae Recreation  
at 650-259-2364**



JULY 4, 2024



LIVE MUSIC

# Beats, Brews & Vines

MUSIC DRINKS DANCING FOOD



12:00-1:30 PM ~ A CUT ABOVE



2:00-3:30 PM ~ BUSTA GROOVE

MILLBRAE CENTRAL PARK  
477 LINCOLN CIRCLE





MILLBRAE CULTURAL ARTS ADVISORY COMMITTEE

*Millbrae's*

# JUNETEENTH

*Celebration!*

Live Music

Community

Food Vendors

Performances

**JUNE 15, 2024**

**10:00 AM-3:00 PM**

**MILLBRAE CENTRAL PARK**



H A P P Y

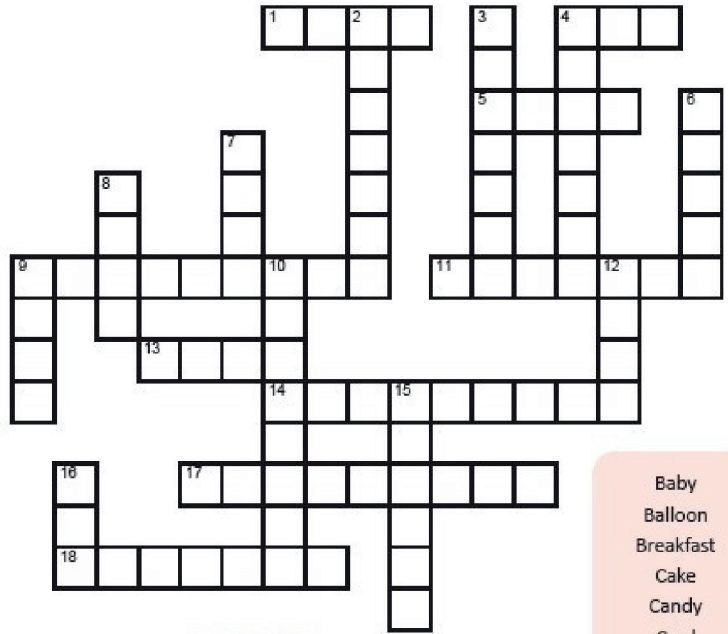
# Mother's Day

## ACROSS

1. Bundle of joy.
4. Female parent.
5. Popular flower for Mother's Day.
9. Official Mother's Day flower in many countries.
11. Sparkling accessory.
13. Where the heart is.
14. Sweet treat loved by many moms.
17. Morning meal in bed.
18. Mom or Dad's mom.

## DOWN

2. Inflated decoration.
3. Fragrant gift.
4. Sentiment shared on a card.
6. Sweet treats often given on Mother's Day.
7. Token of appreciation.
8. Hallmark purchase.
9. Sweet treat for celebrations.
10. Frozen sweet treat.
12. Unconditional feeling.
15. Morning beverage choice.
16. Warm embrace.



Baby  
Balloon  
Breakfast  
Cake  
Candy  
Card  
Carnation  
Chocolate  
Coffee  
Gift  
Grandma  
Home  
Hug  
Ice cream  
Jewelry  
Love  
Message  
Mom  
Perfume  
RoseOpubl



**Medicare Fraud Prevention**  
**Thursday, May 16, 2024**  
**10:30AM – 12:00PM**  
**Millbrae Library**



Billions of dollars are lost annually due to fraudulent Medicare claims made by unscrupulous individuals, putting you at risk. Personal information such as your name, Medicare number, and those related to a Medicare Advantage plan, Medigap policy, or prescription drug plan, are used to bill your insurance for supplies and services you did not receive. Not only does this affect your finances, but it can also endanger your access to medical care and the security of your personal information!

Join Virginia Kroger with HICAP of San Mateo County for this seminar and learn the many facets of Medicare fraud. Understand the three crucial steps to guard your Medicare coverage, and take valuable tips and information to protect yourself from medical identity theft.

The Health Insurance Counseling & Advocacy Program (HICAP) is a state and federally-funded program that provides free, unbiased counseling and community education on Medicare and related health insurance issues. HICAP does not sell, endorse, or recommend any specific health insurance. HICAP counselors are registered by the California Department of Aging and provide confidential one-on-one counseling appointments both in person and over the phone.





# Senior Mobility Guide

Staying Connected in San Mateo County



**We have copies of the Senior Mobility Guide in English, Spanish and Chinese!!**

**Please pick one up at the Millbrae Recreation Center  
477 Lincoln Circle in Millbrae or call 1-800-660-4287 to  
have one mailed to you!**

**This guide provides information about a wide range of  
programs and services that can help you stay mobile,  
active and connected to your community. These  
programs include helping you remain a safe driver and  
specialized assistance getting out into the community.  
Regardless of your situation, there are services available  
that can help you!**



# MILLBRAE NEWS

BI-WEEKLY NEWSLETTER

## Sign up to receive City News Direct in your inbox!

To expand communications efforts, the City of Millbrae launched its first bi-weekly electronic newsletter - the Millbrae News. Each issue features a range of important topics, including events, services, and programs, highlighting projects and providing helpful tips and news. Don't miss out on all that's happening in Millbrae!



SCAN ME

Residents have the option to sign up to receive the newsletter by email and text. To Sign up please scan the QR code to visit our Notify Me Center on our website. Or call Public Information Officer Justine Bleeker at (650) 259-2417 for assistance.



## WORKS

Report | Track | Connect

In case of emergency call 9-1-1



Millbrae Works powered by SeeClick Fix is the fastest, easiest way for you to submit non-emergency requests to your community, stay updated and initiate change in your community.



Download on the  
App Store



GET IT ON  
Google Play

[SEECCLICKFIX.COM/MILLBRAE](https://seeclickfix.com/millbrae)



**JUNE 20TH**

# **SENIOR WALKING**

**LET'S KICK OFF SUMMER  
WITH A WALK AROUND  
MILLBRAE CENTRAL PARK**

**AFTER WE WILL HAVE  
REFRESHMENTS AND ICE CREAM!**

**WALKING BEGINS AT 11:00AM  
TELL YOUR FRIENDS!!**

**MEET AT THE  
MILLBRAE RECREATION CENTER LOBBY  
477 LINCOLN CIRCLE**







# Do you know where your taxes go in the City of Millbrae?

We have broken down Sales Tax and Property Tax so that you know where your tax dollars are going.

The sales tax in Millbrae is 9.375%. Only 1% of the sales tax goes directly to the City of Millbrae. The majority of the sales tax (6%) goes to the State of California. 2.25% goes to the County of San Mateo, and the remaining .13% goes to Measure RR Caltrain Effective. Please reference Chart 1 for a full breakdown of Sales Tax.

The General Fund Property Tax Distribution is divided between eleven different agencies. The Property Tax for each \$1 is broken down as follows, rounded to the nearest hundred cents: 28.2 cents to San Mateo County, 20.5 cents to San Mateo Union High School District, 17.2 cents to Millbrae Elementary General Purpose Fund, 15.8 cents to the City of Millbrae General Fund, 8.1 cents to San Mateo Junior College General Purpose Fund, 4.2 cents to County Education Tax, 4.1 cents to County Library, 1.1 cents Peninsula Hospital District, .4 cents to County Harbor District, .2 cents to Bay Area Air Pollution, and .2 cents to Mosquito Abatement. Please reference Chart 2 for a breakdown of the General Fund Property Tax Distribution.

**For more articles like this sign up for the City Bi-Weekly Newsletter by visiting: <https://bit.ly/NotifyMeMillbrae>**

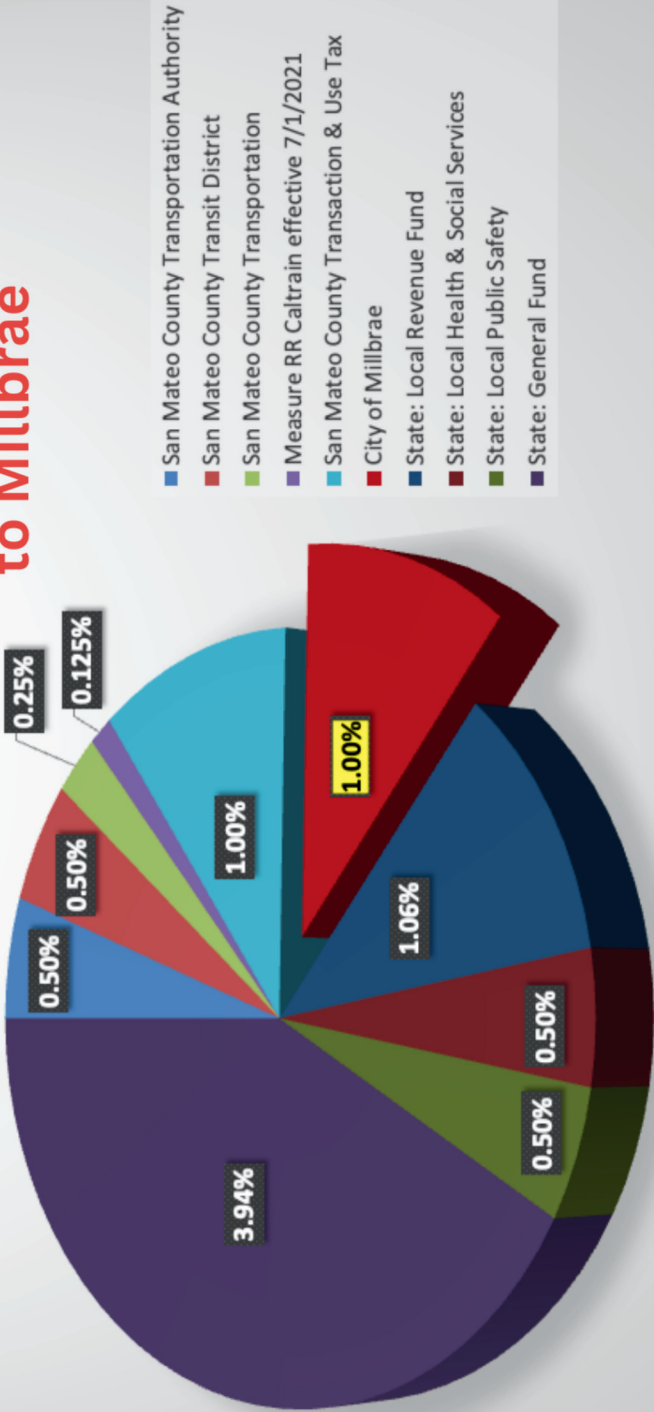
*Please reference charts for full breakdown on next pages.*

# City of Millbrae Tax Breakdown:

9.375% Sales Tax Breakdown

Chart 1

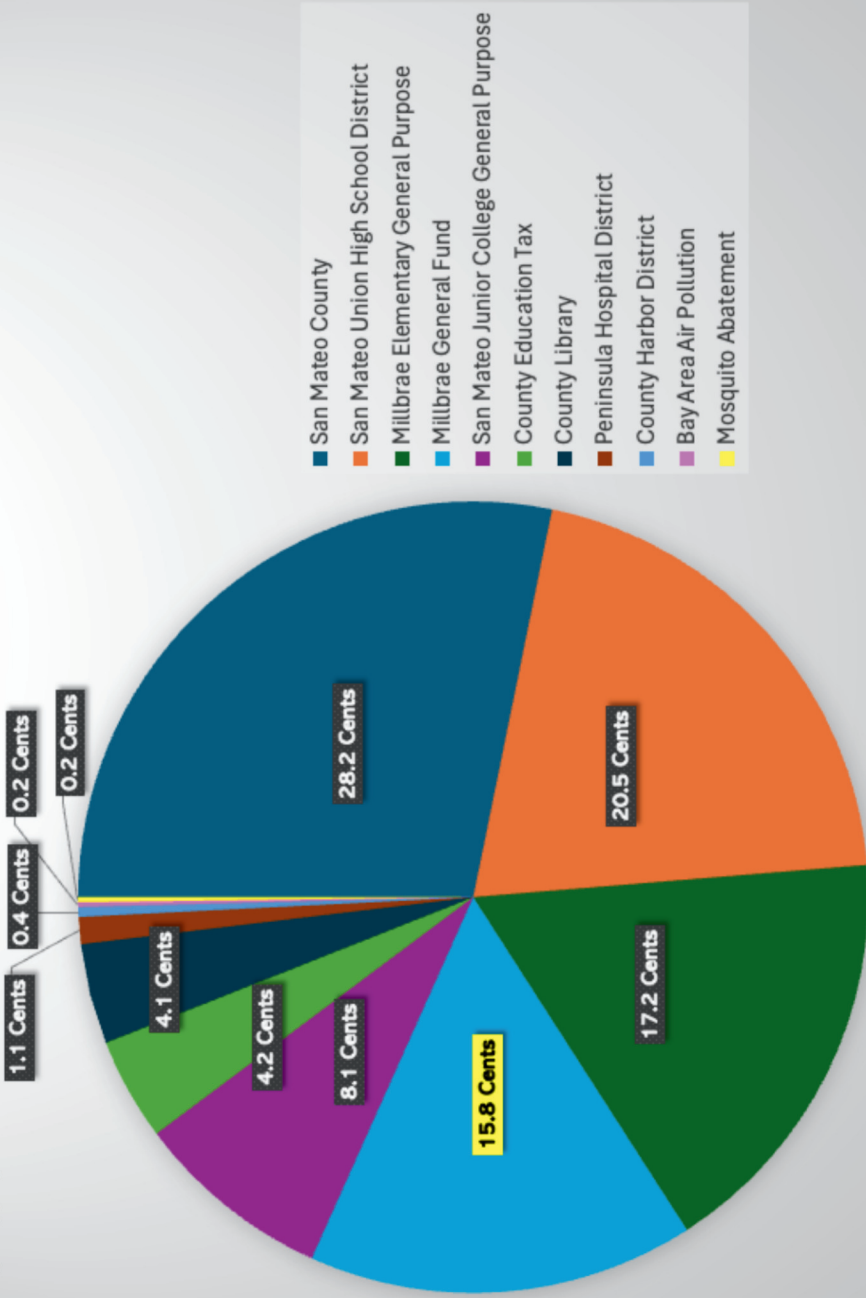
Only 1% goes to Millbrae



# City of Millbrae Tax Breakdown:

General Fund Property Tax Distribution For Each \$1 Currency

Chart 2





# Information On Maintaining Critical Fire Services

Attention  
Property  
Owners

## Local Fire Assessment Expiring



### Important Update on Local Fire

#### DEAR NEIGHBOR,

As we head into the spring and a looming Fire Season, Millbrae is working hard to keep our community safe from Fire.

Recently, the City of Millbrae conducted a property owner ballot to reauthorize the existing Millbrae Fire Assessment, first passed by Millbrae property owners in 2004.

With low voter-participation in the recent February election, the reauthorization was not approved. Without the funding the reauthorization would have provided, the City is facing significant challenges to providing Fire and Paramedic response services.

As the City weighs options on how to maintain the current level of fire services into the future, we want to better evaluate the feedback received from property owners to date, including retaining a firm sunset date for any assessment reauthorization, and requiring independent citizen oversight, mandatory financial audits, and yearly reports to the community to ensure funds are spent as promised. We also want to make sure that larger property owners pay their fair share so that the burden of an assessment does not fall solely on homeowners and that apartments and condos are treated equitably.

With this feedback, we are working on a plan to preserve our current Fire and rapid emergency response services and would like those who may not have participated in this first ballot to learn more and provide input. Please visit us at <https://bit.ly/millbraefireassessment> for information on Millbrae's Fire Assessment needs. You can also read our FAQ to learn more.

Thank you for your commitment to our community.



Fire Safety Needs/Assessment Ballot Information [HERE](https://bit.ly/millbraefireassessment)





# Fire Safety Needs and Assessment Information



## Keeping Millbrae Fire Stations Open

The current Millbrae Fire Assessment helps fund the two Fire Stations located in Millbrae – helping 911 emergency response times to remain rapid. Without the funding a reauthorization provides, Fire Station closures or brownouts may occur.

## Maintaining Emergency Response Facilities

The City is dependent on the existing Fire Assessment to provide the structure and facilities for lifesaving fire and paramedic personnel and equipment, to keep 911 emergency response times rapid.



## Community Priorities

The Assessment can legally only be used for Fire Services, impacting the services property owners have told us are important to them, including:



- Keeping firefighting/lifesaving equipment/facilities up to date
- Maintaining rapid response times for fire protection and 9-1-1 emergency services by keeping all fire stations open
- Equipping firefighters to better respond to fires in Millbrae
- Maintaining the effectiveness of the Millbrae Fire Department's first response services
- Allowing the Fire Department to maintain services in Millbrae
- Maintaining 911 emergency response times

## What's Next?

The City is evaluating next steps to maintain vital services with community feedback in mind. Please feel free to contact the City and add YOUR voice to the conversation today.

# Food Services for Seniors

## Meals on Wheels:

For people 60+, home bound, unable to shop or cook for themselves, or have health issues, and live by themselves.

650-323-2022



## Second Harvest Food Bank:

Call to ask for ALL the resources available to you to get food. 1-800-984-3663

## Self Help for the Elderly

Meal Delivery for Homebound Ages 55+  
650-342-0822

**Samaritan House:** If you are homebound or low income and need food/supplies.  
650-347-3648

**CALL Primrose:** CALL serves residents of Millbrae! CALL's services focus on low-income individuals and families, including seniors and those who are currently in transition or homeless.  
650-342-2255







# LIFE ON *Your* TERMS

24  
MONTH  
RATE  
LOCK!\*

**OFFERING ASSISTED LIVING  
& MEMORY CARE**

**FOR MORE INFORMATION  
CALL BARI JAIN  
(650) 742-9150**

**1201 BROADWAY  
MILLBRAE, CA 94030**

*License #415601039*

*\*Limited time offer.  
Some exclusions may apply.  
Contact community for more details.*

**CADENCEMILLBRAE.COM**



**Self-Help for  
the Elderly**  
安老自助處

*Millbrae Recreation Dept.  
Senior Program  
4777 Lincoln Circle  
Millbrae, CA 94030  
Phone: (650) 259-2364*

PSRSTD STD  
U.S. POSTAGE  
PAID  
BURUINGAME, CA  
PERMIT NO. 115

Self-Help for the Elderly Senior Lunch Program provides  
nutritious meals to elders from

**9:30 am to 1:30 pm, Monday to Friday.**

If you are 60 years old or above and would like to  
participate, please get in touch with us at 415-319-4115  
and leave a message.

We require a reservation in advance. We offer in-person  
activities and virtual classes; everyone is welcome to join.

For the monthly lunch menu, class schedule,  
or our center locations, please visit

**[selfhelpelderly.org/locations](https://selfhelpelderly.org/locations)**

Our Home Delivered Meals Service is available for  
homebound individuals needing the service.

Please get in touch with our San Mateo Center  
for details at 650-342-0822.

Mailing Address

