




Winter ACTIVITY GUIDE

2024 - 2025

REGISTRATION OPENS
NOVEMBER 25



bit.ly/milrec



*Pictures with
Santa and
Mrs. Claus*

CITY OF MILLBRAE
MILLBRAE GAZEBO
(POPLAR AND LIBRARY AVE.)

DEC. 7, 2024
2:00-4:00 P.M.

IN CASE OF RAIN, PICTURES WILL
BE IN THE DAVID J. CHETCUTI
COMMUNITY ROOM.
(450 POPLAR AVE., MILLBRAE)



BINGO NIGHT

Gather your family, friends, and
bingo enthusiasts for an evening
of delicious pizza, fabulous prizes,
and unforgettable memories.
**18 Years and Older Only*

FRIDAY, MILLBRAE RECREATION CENTER STARTS AT
JANUARY 24 5:30PM

\$5.00 PER PERSON TO BE PAID AT THE DOOR
PLEASE RSVP BY JANUARY 17TH BY CALLING 650-259-2338



**Millbrae
Montessori
School**

At Millbrae Montessori School, your child will
experience the joy of learning in a thoughtfully
prepared Montessori environment. We nurture
their natural curiosity and inspire a lifelong love
for learning.
Ages 2.5-6

In Partnership with the City of Millbrae
Millbrae Recreation Center
477 Lincoln Circle
650-259-2368
millbraemontessorischool@gmail.com
millbraemontessori.com




**HIRING
SOON**

recreation@ci.millbrae.ca.us

**SUMMER CAMP
COUNSELORS!**



To view our open positions,
visit: bit.ly/milrec




ONLINE REGISTRATION

Starts November 25, 2024
bit.ly/milrec

Registration is available online.
All activities require pre-registration before attending classes.

ONLINE
REGISTRATION
OPENS
NOVEMBER 25

PHONE REGISTRATION

650-259-2338

Payment can be made by credit card (VISA, MasterCard, or Discover Card). A convenience fee will be charged to all credit and debit card transactions.

YOUTH PROGRAM LATE PICK-UP POLICY

A \$25.93 late pick up fee is charged for each 30 minutes (commencing at 1 minute late) after the program conclusion.

REGISTRATION DEADLINES

The registration deadline is strictly adhered to pending the available space. If space becomes unavailable before or after the registration deadline, registrants are placed on the Waiting List. If space becomes available, the next participant on the Waiting List shall fill the available space on the roster.

TAX INFO

Our tax ID #94-6000373

MILLBRAE RECREATION CENTER HOURS

Monday–Friday: 8:30am–8:00pm

Saturday: 9:00am–5:00pm

Sunday: 12:00pm–5:00pm

REFUNDS

The City of Millbrae Recreation Department reserves the right to cancel, postpone or combine classes, or change instructors to best provide service.

A \$25.93 cancellation/processing fee applies when a refund is requested before the first class meeting. Refunds will be granted up to 7 calendar days prior to the start date of any activity. Processing fees are assessed for each student and each class/activity that is being changed or canceled. There are no fees to transfer to another similar class. If the City of Millbrae cancels a class, a full refund is provided to the account holder and refunded in the manner in which payment was provided.

Medical Refunds: Transfers, credits, or refunds for medical reasons require a doctor's/health plan documentation and will be pro-rated from receipt of notification if class/activity has begun. No processing fees will be assessed for medical refunds.



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Program details such as locations, dates, and times are subject to change. Please visit our registration website for the most updated information at: **bit.ly/milrec**

Scan the QR code ►
for easy registration



Community Directory

CITY SERVICE DIRECTORY

City Manager Office	650-259-2334
City Clerk's Office	650-259-2414
Athletic Field Hotline	650-259-2405
Community Development	650-259-2342
Finance Department	650-259-2350
Fire Department	650-259-2400
Human Resources Department	650-259-2334
Library	650-697-7607
Parks Division	650-259-2372
Police Dept. (non-emergency)	650-259-2300
Public Works Department	650-259-2339
Recreation Department	650-259-2360

COMMUNITY PHONE DIRECTORY

AYSO Soccer	650-697-0750
Bay Area Rapid Transit (BART)	510-464-6000
Friends of Millbrae Library	650-697-7607
Millbrae Chamber of Commerce	650-697-7324
Millbrae Community TV	650-259-2343
Millbrae Comm. Foundation	650-245-2185
Millbrae Girls Softball	650-307-6472
Millbrae Historical Society	650-692-5786
Millbrae Lions Club	650-455-0076
Millbrae Lions Youth Baseball	559-972-1550
Millbrae School District	650-697-5693
Rotary Club of Millbrae	650-873-5298
SamTrans	650-508-6200
Millbrae Meadows Swim Club	650-588-4234

CITY COUNCIL

Anders Fung, Mayor
Gina Papan, Vice Mayor
Ann Schneider, Councilmember
Sissy Y. Riley, Councilmember
Bob Nguyen, Councilmember

PARKS & RECREATION COMMISSION

Steve Henderson, Chair
Stephanie Douglas, Vice Chair
John Keefer, Commissioner
Marian Kong, Commissioner
Jordan Miranda, Commissioner

COMMISSIONS/COMMITTEES

Bike and Pedestrian Advisory Committee	650-259-2360
Cultural Arts Advisory Committee	650-259-2360
2nd Monday, 9:00 am	
Community Enhancement	650-259-2341
1st Tuesday, 6:30 pm	
Economic Vitality Advisory Committee	650-259-2341
3rd Thursday, 6:00 pm	
Parks and Recreation Commission	650-259-2360
3rd Tuesday, 7:00 pm	
Planning Commission	650-259-2341
1st and 3rd Monday, 7:00 pm	
Senior Advisory Committee	650-259-2360
3rd Wednesday, 9:00 am	
Sister Cities Commission	650-259-2360
4th Monday, 6:30 pm	
Youth Advisory Committee	650-259-2360
1st Tuesday, 5:30 pm	

RECREATION DEPARTMENT

Hannah Moran	Recreation Director
Geoffrey Gabriel	Recreation Services Manager
Pixi Saligo	Senior Office Assistant
Roland Tianco	Recreation Coordinator
Emanuel Rosales	Recreation Coordinator
Joanna Hafter	Recreation Coordinator
Alexa Flores	Recreation Coordinator
Ryan Chew	Recreation Specialist



Millbrae Recreation Center

477 Lincoln Circle

Room Name	Square footage	Max. Capacity
Great Hall (North and South)	4,390	300
Great Hall North	2,780	190
Great Hall South	1,610	110
Classroom (A and B)	1,402	71
Classroom A	748	38
Classroom B	654	33
Art Center	1390	70
Conference Room A (1st floor)	120	8
Conference Room B (2nd floor)	495	20
Fitness Center	1571	70
Senior Lounge	491	24
Game Room	771	32

**For seating capacity please visit bit.ly/millbraerentals*

GREAT HALL (NORTH AND SOUTH)

Capacity: 300 (North and South), 190 (North), 110 (South)

Amenities: TV Screens, Audio for Full Room, Full Patio, Kitchen



SEE
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PAGE 7
FOR PRICES

CLASSROOM A

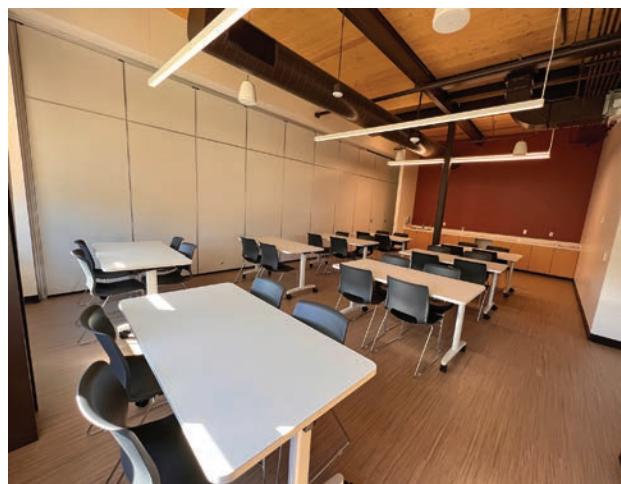
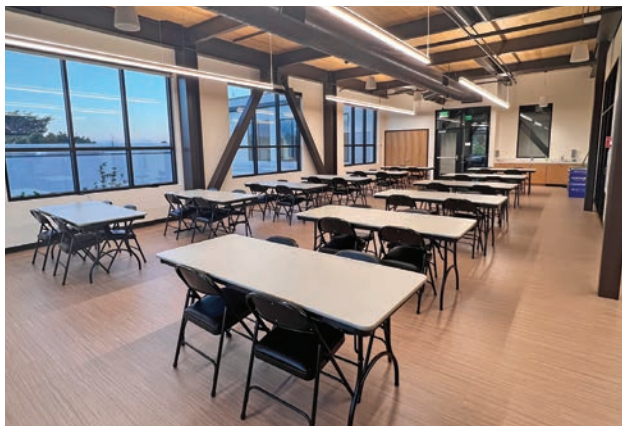
Capacity: 38
Amenities: Touch Screen Monitor

**CLASSROOM B**

Capacity: 33
Amenities: Touch Screen Monitor, Sink

**ART CENTER**

Capacity: 70
Amenities: TV Screen, Touch Screen Monitor, 2 Sinks

**CONFERENCE ROOM A**

Capacity: 8
Amenities: TV Screen, Logitech Meetup Camera

**CONFERENCE ROOM B**

Capacity: 20
Amenities: TV Screen, Logitech Rally Plus Camera, Balcony Access



FITNESS CENTER

Capacity: 70

Amenities: Patio Access, 2 TV Screens



SENIOR LOUNGE

Capacity: 24

Amenities: TV Screen, Sink, Mini-Fridge, Microwave



GAME ROOM

Capacity: 32

Amenities: TV Screen



Our community facilities are popular venues for meetings, trainings, banquets, and parties. The Recreation Department manages facility rentals and provides room setup and breakdown. Residents may reserve up to eight months in advance. Non-Residents may reserve up to six months in advance. Facility rentals require liability insurance. Additional fees and requirements may apply. Please visit bit.ly/millbraerentals or call (650) 259-2338 to get the latest information on facility rentals and picnic reservations.

COUNCIL CHAMBERS

621 MAGNOLIA

Capacity: 85
Amenities: Smart TV



MILLBRAE LIBRARY

1 LIBRARY AVENUE

Library A

Capacity: 54
Amenities: Kitchenette,
Whiteboard, Projector Screen

Library B

Capacity: 54
Amenities: Whiteboard,
Projector Screen



Library A



Library B

CENTRAL PARK PICNIC SITES

477 LINCOLN CIRCLE

Picnic Area #1—Capacity: 10
Picnic Area #2—Capacity: 20
Picnic Area #3—Capacity: 30
Picnic Area #4—Capacity: 20



DAVID J. CHETCUTI COMMUNITY ROOM

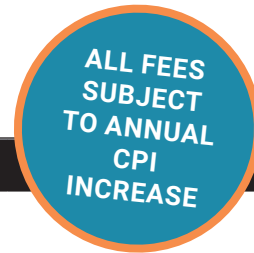
450 POPLAR AVENUE

Capacity: 150 (Lecture); 126 (Dining)
Amenities: Kitchen, Projector Screen



SEE
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FOR PRICES

City of Millbrae Recreation Department Facility Fees



CITY OF MILLBRAE FACILITY RENTALS



CATEGORIES:

- A: Non-Millbrae Resident and Non-Millbrae Based Business
 B: Millbrae Residents and Millbrae Based Business
 C: Non-Millbrae Based Nonprofit and Civic Organizations
 D: Millbrae Based Nonprofit and Civic Organizations

	A	B	C	D	A	B	C	D
MILLBRAE RECREATION CENTER	WEEKDAY RATES/PER HOUR*				WEEKEND RATES/PER HOUR*			
Conference Room A	48.19	\$40.16	\$40.16	\$26.39	\$86.05	72.28	72.28	47.04
Classroom A or Classroom B Conference Room B Game Room Senior Lounge	\$75.72	\$63.10	\$63.10	41.30	\$135.38	\$112.44	\$112.44	\$73.43
Classroom A and B (combined) Fitness Center (w/ patio) Art Center Kitchen	103.26	\$86.05	\$86.05	\$56.22	\$183.56	\$152.58	\$152.58	\$98.67
Great Hall North (w/ kitchen and patio) Great Hall South (w/ patio)	\$144.55	\$120.47	\$120.47	\$78.02	\$326.98	\$272.48	\$272.48	\$177.26
Great Hall (full room w/ kitchen/patio)	\$284.53	\$237.49	\$237.49	\$154.88	\$653.95	\$544.96	\$544.96	\$354.51

*Weekend rates begin Friday at 5:00pm. Saturday and Sunday require a minimum number of hours.

OTHER FACILITIES

David J. Chetcuti Community Room	\$76.49	\$60.93	\$60.93	\$38.89	\$176.31	\$141.32	\$141.32	\$88.16
Library Community Room A or B	\$53.16	\$42.78	\$42.78	\$27.23	\$143.91	\$115.39	\$115.39	\$72.60
Library Community Room A & B	\$106.31	\$85.57	\$85.57	\$53.16	\$287.81	\$230.76	\$230.76	\$143.91
Millbrae Community Youth Center (Scout House)	\$76.49	\$60.93	\$60.93	\$38.89	\$176.31	\$141.32	\$141.32	\$88.16
Council Chambers	\$53.16	\$44.57	\$44.57	\$27.90	\$143.91	\$115.39	\$115.39	\$72.60

PICNIC RESERVATIONS / PER (6) HOURS

Central Park Picnic Site #1, #2A, or #2B	\$49.27	\$38.89	\$38.89	\$24.63	\$49.27	\$38.89	\$38.89	\$24.63
Central Park Picnic Site #2, and #4	\$82.97	\$66.12	\$66.12	\$41.49	\$82.97	\$66.12	\$66.12	\$41.49
Central Park Picnic Site #3	\$117.98	\$94.64	\$94.64	\$59.64	\$117.98	\$94.64	\$94.64	\$59.64

ADDITIONAL FEES

	DESCRIPTION	FEE
Great Hall Deposit (partial or full)	Refundable Security Deposit	\$525.00
Full Great Hall Cleaning Fee	To pay for janitorial staff	\$324.11
All Rooms (excluding Great Hall) Deposit Fee	Refundable Security Deposit	\$399.00
All Rooms (excluding full Great Hall) Cleaning Fee	Groups of 100 or more. No fee for groups <100.	\$162.06
Set up and Breakdown Fee	Nonprofits can request to do their own.	\$71.31
Smart TV/Audio Fee	Applies to certain rooms	\$12.96
Microphone Use Fee	Applies to certain rooms	\$12.96
Fire Pit Use Fee	Great Hall only	\$50.00
Riser (stage)	Great Hall only	\$500.00
Community Garden (Annual Plot Rental)	\$62.23 senior + low income, \$131 deposit for all	\$103.72

Tot Time

Join our Tot Time at the Millbrae Recreation Center! Toddlers and their family members or caregivers are welcome to enjoy this child-friendly play zone. The equipment provided is designed to develop gross motor skills and includes various play equipment, including: a slide, trampoline, ball pit, toddler bikes, and much more! Family members/caregivers are required to supervise their children throughout the duration of the program.

Ages:	0–5
Session 1:	1/3–1/31
Session 2:	2/7–2/28
Session 3:	3/7–3/28
Day:	Fridays
Time:	9:30am–11:30am
Fee:	\$20R/\$40NR
Location:	Millbrae Recreation Center



Chess at Three (NEW CLASS!)

Beginner Chess for Kids as Young as Three!

Chess at Three uses silly stories, colorful characters, and captivating games to get kids learning and loving chess in no time. Our teachers will lead a 60-minute class using engaging stories, physical “Chessercises” that get kids up and moving, hands-on game play, structured chess puzzles, and chess mini-games with new materials in every lesson. Students will swiftly become successful chess players while developing critical thinking, strategy, and problem-solving skills.

Chess at Three has successfully taught over 30,000 students since 2011. We are your trusted chess partner as seen on The Today Show, ABC, The New York Times, and more!

Ages:	3–5
Dates:	1/7–3/11
Day:	Tuesdays
Time:	11:00am–12:00pm
Fee:	\$500R/\$520NR; Drop-In \$60
Location:	Millbrae Recreation Center

Peninsula Music Together

Get ready to sing, dance, play and learn! Music Together is a mixed-age music class for children birth through age 5—and the grown-ups who love them! Active music-making experiences are designed to teach the way children learn—through play. Each week, a trained Music Together teacher leads the class in singing, dancing, and playing songs that range from tender lullabies to boisterous jams. Our award-winning music, illustrated songbook, and printed and online resources will help you continue the music-making fun at home and nurture your child’s musical growth—even if you don’t think of yourself as a great singer or dancer. Like parenting, making music requires no previous experience or expertise, just a willingness to get down on the floor and get silly with your child. Unlimited make-ups are offered through the peninsulamusictogether.com website.

Ages:	0 to 5
Dates:	1/15–3/26; No Class: 2/19
Day:	Wednesdays
Times:	9:15am–10:00am 10:15am–11:00am 11:15am–12:00pm
Dates:	1/25–3/29; No Class 2/15
Day:	Saturdays
Times:	9:15am–10:00am 10:15am–11:00am 11:15am–12:00pm
Fee:	\$235R/\$255NR Materials Fee to be collected directly by instructor: \$75
Location:	Millbrae Recreation Center

Lil’ Chippers

Kids’ Carpentry is a FUN enrichment program where students build their own woodworking projects and learn practical skills to last a lifetime. Kids will be introduced to basic woodworking tools and learn how to use them safely. In addition, they’ll gain knowledge of applied math concepts, problem-solving, and fine motor skills, and feel empowered to become creative and independent thinkers. Most of all, they’ll have FUN while learning!

Ages:	3.5–4.5 Guardian Participation is required.
Session 1:	1/8–2/12
Session 2:	2/19–3/26
Day:	Wednesdays
Time:	5:45pm–6:30pm
Fee:	\$270R/\$290NR Materials Fee to be collected directly by instructor: \$40
Location:	Millbrae Recreation Center

Communication Academy

Academic Writing: Short Story

Practice, perfect, and enjoy writing by creating the stories you've always wanted to write! Students write their own short stories, learning about writing tools and skills to improve their writing and their confidence! They share their stories with friends and learn crucial editing and revision skills by working with each other. Experienced instructors, small classes!

Ages:	8–11
Dates:	1/25–3/29; No Class 2/15, 2/22
Day:	Saturdays
Time:	1:00pm–2:00pm
Fee:	\$295R/\$315NR Materials Fee to be collected directly by instructor: \$20
Location:	Millbrae Recreation Center

Public Speaking: Student Leadership

Become confident, organized, and charismatic! In this class students master the skills of peaceful and powerful speaking by developing inspiring speeches on topics they care about to deliver powerful messages and influence their local town – or even the world! They also learn the organization, communication, and civics to refine their speeches for a wider audience. Small classes, experienced instructors!

Ages:	8–11
Dates:	1/25–3/29; No Class 2/15, 2/22
Day:	Saturdays
Time:	2:15pm–3:15pm
Fee:	\$295R/\$315NR Materials Fee to be collected directly by instructor: \$20
Location:	Millbrae Recreation Center

Public Speaking & Academic Writing COMBO CLASS!

Master skills in speaking, writing, language, and confidence! Get both of our Public Speaking and Academic Writing courses – at an automatic discount! Students get the benefits of both component classes, plus supervision for the time between them, so that they can learn, grow, and have fun! We offer different subjects every season. Experienced instructors, small classes!

Ages:	8–11
Dates:	1/25–3/29; No Class 2/15, 2/22
Day:	Saturdays
Time:	1:00pm–3:15pm
Fee:	\$535R/\$555NR Materials Fee to be collected directly by instructor: \$40
Location:	Millbrae Recreation Center

Play-Well TEKnologies

Mario Day Workshop with LEGO® Materials

Let's-a-build! March 10th is officially Mario Day, so it's time to celebrate by bringing our Mario Kart races to LEGO® reality! First, you'll choose and build your favorite character, then create your unique kart as you prepare to race. Discover power-ups and upgrade your kart, just be sure to watch out for those banana peels!

Ages:	5–9
Date:	3/14
Day:	Friday
Time:	9:00am–12:00pm
Fee:	\$52R/\$72NR
Location:	Millbrae Recreation Center

Dan Lupo Music

1:1 Piano Lessons

In this experience, students will learn the basics of the piano, with every lesson carefully created to fit the goals of the student! The things the student will learn are exercises for growth, basic music theory, and songs you know and love!

Ages:	6–70
Session 1:	Wednesdays 1/15–3/26
Session 2:	Thursdays 1/16–3/27
Day:	Wednesdays or Thursdays
Times:	Wednesdays 2:30pm–6:30pm (choose 30 min. intervals) Thursdays 2:30pm–5:30pm (choose 30 min. intervals)
Fee:	\$550R/\$570NR
Location:	Millbrae Recreation Center

Junior Chef Stars

Winter Cooking with Junior Chef Stars

Looking for a hands-on, tasty activity for your Jr. Chef? Join us as we provide junior chefs with the tools necessary to create, cook, and learn. Have your junior chef expand on their cooking knowledge as our curriculum covers nutrition, seasonal cooking, knife skills, the purpose of core ingredients and the many cultural aspects of food all while having a blast and making new friends. Every season has new and exciting recipes so feel free to sign up if this is your first time or you are a seasoned junior chef!

Ages:	7–13
Dates:	1/13–3/17; No Class 1/20, 2/17
Day:	Mondays
Time:	4:15pm–5:45pm
Fee:	\$360R/\$380NR Materials Fee to be collected directly by instructor: \$80
Location:	Millbrae Recreation Center

Parents' Night Out

Take a well-deserved break and drop off your child(ren) for a night of fun with Millbrae Recreation Staff! Participants will create crafts, play interactive games, and enjoy a provided pizza dinner. Invite your friends, as there is a minimum of 17 participants for this program!

Ages:	5-11
Session 1:	Winter Palooza 12/13
Session 2:	Let's Party Hearty! 2/14
Day:	Fridays
Time:	6:00pm-9:00pm
Fee:	\$30R/\$50NR
Location:	Millbrae Recreation Center

Parents' Night Out: Holiday Bundle

Want to sign up your child for Parents' Night Out in December and February? Take advantage of this holiday bundle and get \$10 off!

Session 1 and 2:	12/13 and 2/14
Fee:	\$50R/\$70NR
Location:	Millbrae Recreation Center

Six Skills After-School Program

Six Skills After School Program provides excellent academic support and fun learning experience for Kindergarten through High School. This Monday to Friday afterschool program offers homework assistance with English, Math, Science through 1-on-1 tutoring with students, subject enrichments (Reading and Math exercises provided if needed), Mandarin language lessons, Abacus lessons, and Drawing lessons. Our program helps students develop creativity, problem solving skills, time management skills, and critical thinking. We provide a comprehensive program tailored to meet your child's specific needs in learning in a safe environment. Please specify with the instructor which days participant will attend.

Ages:	5-18
Session 1:	1/6-1/31; No Class 1/20
Session 2:	2/3-2/28; No Class 2/17
Session 3:	3/3-3/28; No Class 3/14
Days:	Monday-Friday, or M, W, F for 3 days
Times:	Monday, Tuesday, Thursday, Friday: 2:00pm-6:00pm; Wednesday: 1:30pm-6:00pm
Fees:	\$620R/\$640NR (monthly) - 5 days \$520R/\$540NR (monthly) - 3 days Materials Fee to be collected directly by Instructor: \$60
Location:	Millbrae Recreation Center

Contact 6Skills for more information: 119 Park Blvd, Millbrae, CA 94030
477 Lincoln Circle, Millbrae, CA 94030
Tel: (650) 888-6485 | www.6skills.org



6 Skills Learning Center 六藝學習中心

After-School Program (課後輔導班)

Ages: 5Y-18Y

Monday - Friday 2:00-6:00 pm
Wednesday 1:30-6:00 pm

Homework Assistance/ English
Math/Chinese/Drawing/Abacus



Summer Camp Program (暑期夏令營)

Ages: 5Y-18Y

June - August 8:30am-12:00pm Half Day
8:30am-6:00pm All Day

English/Math/Chinese/Drawing/
Abacus/Dancing/Art/PE

***Please Contact For More Details**

Private/Group Enrichment Class

Piano/Gu-zheng/Abacus/Chinese
Drawing/Folk Dance/English/Math



Saturday Program Chinese/Abacus/Drawing

(週六中文學校: 中文/珠心算/繪畫)

Ages: 5Y-18Y

Saturday 9:00 am-12:00 pm
2:00 pm-3:30 pm

A+ Music Academy

Piano/Gu-zheng Group/Private Lessons
鋼琴/古箏 (個別班/團體班)



Robotics Tech Club

Junior Robotics

In this program, students will start their adventure in robotics! We will use different robotics kits to explore and learn the main concepts of robotics and programming, including design and building, algorithms, testing, and troubleshooting. We will also talk about and explore the nature of sound, electricity, magnetism, basic math and geometry concepts, and many more. We will work with Coding Mouse, Botley Robot, Dash and Dot Robots and building blocks. All lessons are project-based, hands-on, using age-appropriate materials. We will explore algorithms with the Coding Mouse robot, resolve challenges and obstacles with the Botley robot, play bowling, play xylophone, and much more with the Dash and Dot robots. In addition, we will have two engineering projects—experiments to explore electricity and magnetism. Each student will have their own kit to work with during the class, no sharing of equipment.

Grades:	Kindergarten–1st grade
Dates:	1/11–3/22; No Class 2/15
Day:	Saturdays
Time:	9:30am–10:30am
Fee:	\$350R/\$370NR
Location:	Millbrae Recreation Center

Robotics Explorers

In this program, our students will build and program robots! We will use different robotics kits to explore and learn the main concepts of robotics and programming, including design and building, algorithms, testing, and troubleshooting. We will talk about and explore the nature of electricity, magnetism, math and geometry concepts, and many more. We will work with Dash and Dot Robots, Lego WeDo Robots, Microbits, and engineering kits. All lessons are project-based, hands-on, and use age-appropriate materials. We build and program robots with Lego WeDo sets, explore algorithms, resolve challenges and obstacles, play basketball, and much more with Dash and Dot Robots. We will introduce students to Microbit for programming exercises. Each student will have their own kit to work in during the class; there will be no sharing of equipment.

Grades:	2nd– 3rd Grade
Dates:	1/11–3/22; No Class 2/15
Day:	Saturdays
Time:	10:45am–11:45am
Fee:	\$350R/\$370NR
Location:	Millbrae Recreation Center

Robotics Masters

We will work with Lego Mindstorms Robots, Robots for Microbit, and engineering kits. All lessons are project-based, hands-on, using age-appropriate materials. We build and program robots with Lego Mindstorms sets, learn how to build from instructions and create our own designs, and learn to use sensors to solve engineering challenges. We will also build robots for Microbit and introduce students to the Python programming language. Each student will have their own kit to work in during the class; there will be no sharing of equipment.

Ages:	4th– 6th Grade
Dates:	1/11–3/22; No Class 2/15
Day:	Saturdays
Time:	12:00pm–1:00pm
Fee:	\$350R/\$370NR
Location:	Millbrae Recreation Center

Gurus Education

Public Speaking – Confidence Speakers and Writers

This course teaches young students how to present and write speeches, poems, and stories in six easy steps. The students learn how to structure their many ideas and express them with confidence. With topics of their interests and our encouraging them to use props, stories, jokes, and pictures, we make learning all this easy and exciting! Children have lot of fun in writing rhyming poems, stories from pictures and much more.

Ages:	8–12
Dates:	1/29–3/26; No Class 2/19
Day:	Wednesdays
Time:	5:00pm–6:00pm
Fees:	\$359R/\$379NR
Location:	Millbrae Recreation Center

X Reality Inc. (NEW CLASS!)

WebXR Game Development

Get started with game development in this fun, hands-on course! Learn the basics of WebXR design and development while creating interactive animations and responsive games. By the end, you'll have the skills to bring your game ideas to life and create awesome experiences. Let's start your game-making adventure!

***Requirement: PC/MAC Laptop**

Ages:	13–17
Dates:	1/14–3/11
Day:	Tuesdays
Time:	4:00pm–5:00pm
Fee:	\$420R/\$440NR
Location:	Millbrae Recreation Center

Dragonfly Designs (NEW CLASS!)

Beaded & Friendship Bracelets Workshop

Get ready for a day full of fun and friendship in our Friendship Flair workshop! This camp focuses on creating beautiful beaded and friendship bracelets, perfect for sharing with your best friends. Inspired by the recent trend sparked by Taylor Swift, now you can make your own stunning friendship bracelets. Learn techniques such as crimping, adding charms, and creating symmetrical and asymmetrical designs while exploring a vibrant array of colors and materials. This one-day workshop is a fantastic way to improve fine motor skills and foster creativity in a lively and supportive environment. Join us and make memories (and bracelets) that will last a lifetime!

Ages:	7-12
Session 1:	1/11
Session 2:	3/1
Day:	Saturday
Time:	9:00am-3:00pm
Fee:	\$145R/\$165NR Materials Fee to be collected directly by instructor: \$15
Location:	Millbrae Recreation Center

Earring Extravaganza Workshop

Dive into the dazzling world of earrings in our Earring Extravaganza workshop! This single-day class will teach you multiple types of earring designs, from classic to trendy dangles and hoops. Our expert instructors will provide step-by-step guidance, ensuring you master each technique and leave with a collection of beautiful earrings. All high-quality materials are included, so you can focus on unleashing your creativity and making stunning pieces that you'll love to wear or gift to friends.

Ages:	7-12
Session 1:	2/15
Session 2:	3/15
Day:	Saturday
Time:	10:00am-12:00pm
Fee:	\$60R/\$80NR Materials Fee to be collected directly by instructor: \$10
Location:	Millbrae Recreation Center



Kids' Carpentry

Kids' Carpentry is a FUN enrichment program where students build their own woodworking projects and learn practical skills to last a lifetime. Kids will be introduced to basic woodworking tools and learn how to use them safely. In addition, they'll gain knowledge of applied math concepts, problem-solving, and fine motor skills, and feel empowered to become creative and independent thinkers. Most of all, they'll have FUN while learning!

Ages:	5-12
Session 1:	1/8-2/12
Session 2:	2/19-3/26
Day:	Wednesdays
Time:	3:30pm-4:30pm or 4:30pm-5:30pm
Fee:	\$300R/\$320NR Materials Fee to be collected directly by instructor: \$60
Location:	Millbrae Recreation Center



Build a Planter Box

Kids' Carpentry

Kids will learn basic carpentry skills while creating a planter box for their loved one! This mini class is all about fostering creativity and skill development in a safe, supervised environment.

AGES: 5-12

DATE: 4/30

WEDNESDAY

TIME: 6PM-8PM

FEE: \$144R/\$164NR



Special K Productions Mobile Dance Studio

Hip Hop and Breakdance

In this fun and supportive class, your child will learn the basics of Hip Hop dance. Our experienced and enthusiastic instructors will guide them through a series of routines designed to develop their rhythm, coordination, and creativity. Your child will be introduced to a variety of Hip Hop dance styles, including Breakdance Top Rock, Feet-Work, Freezes, Spins, Drops, Treading and Swipes. They will learn to express themselves through their own unique style.

Ages:	6-8
Session 1:	1/8-1/29
Session 2:	2/5-2/19
Session 3:	3/5-3/26
Day:	Wednesdays
Time:	3:00pm-4:00pm
Fees:	Session 1 & 3: \$143R/\$163NR Session 2: \$108R/\$128NR
Location:	Millbrae Recreation Center
Ages:	9-11
Session 1:	1/8-1/29
Session 2:	2/5-2/19
Session 3:	3/5-3/26
Day:	Wednesdays
Time:	4:00pm-5:00pm
Fees:	Session 1 & 3: \$143R/\$163NR Session 2: \$108R/\$128NR
Location:	Millbrae Recreation Center



Alpha Chess Academy

Discover the fascinating world of chess at our after-school program! Our engaging and interactive sessions are designed to nurture critical thinking skills, strategic planning, and enhance decision-making abilities in young minds. Join us to unlock the endless possibilities of this timeless game, fostering friendship, and a passion for learning that will last a lifetime!

Ages:	6-12
Dates:	1/13-2/24
Day:	Mondays
Time:	3:30pm-4:30pm
Fee:	\$209R/\$229NR
Location:	Millbrae Recreation Center



MILLBRAE EDUCATION FOUNDATION

Holiday Boutique



December 14, 2024

11am - 5pm

Millbrae Recreation Center



COME SHOP, EAT, WIN PRIZES, OR BE A VOLUNTEER!

For more information email holidayboutique@millbraekids.org

Millbrae Recreation Youth Sports

Elementary School Sports

The Millbrae Recreation Youth Sports Program is open to all 2nd, 3rd, 4th, and 5th grade students who live or attend school in the City of Millbrae. Our programs emphasize teamwork, skill development, participation, and fun!

Registration is required to participate in our programs and is available online at bit.ly/milrec or in person at the Millbrae Recreation Center. Guardians must provide transportation to games. Scholarships are available for those who qualify. Please contact Millbrae Recreation for more information.

We are looking for coaches! We offer paid and volunteer positions. Apply online today at bit.ly/milrecjobs.

Practice and game day/time may change based on coach/gym.

Winter Sports

2nd & 3rd Grade Co-Ed Basketball

Starts:	Week of 1/13
Ends:	3/15
Practice Site:	Each Elementary School Site (Blacktop/MUR)
Practice Days/Times:	TBD according to coach availability, after dismissal, practice will not be every day.
Game Site:	Taylor Gym (home games)
Game Dates:	TBD Monday–Friday, games will not be every day
Game Times:	Time will vary, general times will be after Taylor School dismissal. M, T, F after 3:00pm and W, Th after 2:00pm.
No play dates:	1/20, 2/17, 3/14
Fee:	\$220.39; Uniform: \$11.67

4th & 5th Grade Girls Basketball

Starts:	Week of 1/13
Ends:	3/15
Practice Site:	Each Elementary School Site (Blacktop/MUR)
Practice Days/Times:	TBD according to coach availability, after dismissal, practice will not be every day.
Game Site:	Taylor Gym
Game Dates:	TBD Monday–Friday, games will not be everyday
Game Times:	Times vary, general times are after Taylor School dismissal. M, T, F after 3:00pm and W, Th after 2:00pm.
No play dates:	1/20, 2/17, 3/14
Fee:	\$220.39; Uniform: \$11.67

4th & 5th Grade Boys Basketball

Starts:	Week of 1/13
Ends:	3/15
Practice Site:	Each Elementary School Site (Blacktop/MUR)
Practice Days/Times:	TBD according to coach availability, after dismissal practice, will not be every day.
Game Site:	Taylor Gym
Game Dates:	TBD Monday–Friday, games will not be everyday
Game Times:	Time will vary, general times will be after Taylor School dismissal. M, T, F after 3:00pm and W, Th after 2:00pm.
No play dates:	1/20, 2/17, 3/14
Fee:	\$220.39; Uniform: \$11.67

Spring Sports

Co-Ed Spring Sports Sampler: Track, Kickball, & Basketball

The Spring Sports Sampler is one program that covers three sports. The participants at each school will learn the basics of track, kickball, and basketball. Children must be registered before they can participate. Transportation to games must be provided by the guardian.

We are looking for coaches! We are offering paid and volunteer positions. Apply online today at bit.ly/milrecjobs.

No practice for 2nd & 3rd graders on game days

Grades:	2nd, 3rd, 4th, & 5th
Starts:	Week of 4/7
Ends:	Week of 5/16
Practice Site:	Each Elementary School Site (Field)
Practice Days:	2x a week, Monday–Friday, not every day, TBD according to coach availability
Time:	TBD
Game Site:	Taylor Field
Game Times:	Every Second Friday 4:30pm
Fee:	\$220.39; Uniform: \$11.67

Co-Ed Badminton

Players will learn badminton fundamentals and play in matches. This is a great way to have fun and be introduced to the sport of badminton! Transportation to Taylor must be provided by guardians.

Grades:	2nd, 3rd, 4th, and 5th
Starts:	4/7
Ends:	5/27
Practice Days:	TBD according to coach availability, after dismissal, practice will not be every day.
Time:	TBD
Fee:	\$128.35; Uniform: \$11.67

Millbrae Recreation Youth Sports

Middle School Sports

The Millbrae Recreation Department Middle School Sports Program is open to all 6th, 7th, and 8th grade students who attend school in the City of Millbrae. Teams compete in the North County Recreation League. Registration is required to participate in our programs and is available online at bit.ly/milrec or in person at the Millbrae Recreation Center. Guardians must provide transportation to away games. Scholarships are available for those who qualify. Please contact Millbrae Recreation for more information.

We are looking for coaches! We are offering paid and volunteer positions. Apply online today at bit.ly/milrecjobs.

Winter Sports

Basketball – 6th Grade

Starts:	Week of 1/27
Ends:	Week of 3/24; No play dates: 2/17, 2/14
Practice Site:	Taylor Gym
Practice Days:	2 days a week minimum
Practice Times:	TBD according to coach availability
Game Sites:	Taylor Middle School, Parkside San Bruno, SSF, Crocker, Terra Bay
Game Days:	Monday–Thursday, not every day
Game Times:	Range from 4:00pm–7:45pm
Fee:	\$220.39
Uniform:	\$42.78
Evaluations:	1/27 6th Grade Girls: 4:15pm–5:15pm 6th Grade Boys: 5:15pm–6:15pm
Call Backs if needed:	1/29 6th Grade Girls: 4:15pm–5:15pm 6th Grade Boys: 5:15pm–6:15pm



Spring Sports

Co-Ed Badminton – 6th, 7th, 8th Grades

Starts:	Week of 4/17
Ends:	5/27
Practice Site:	Taylor Gym
Practice Days/Times:	TBD according to coach availability
No Play Dates:	Memorial Day 5/26
Game Days:	1 day a week
Time:	TBD
Fee:	\$220.39
Uniform:	\$11.67
Location:	Taylor, Parkside San Bruno, SSF, Crocker, Terra Bay, TBD

Track – 6th, 7th, 8th Grades

Starts:	4/7
Ends:	5/23
Practice Days/Times:	TBD according to coach availability
No Play Dates:	5/26
Time:	TBD
Meet Location:	TBA
Fee:	\$220.39
Uniform:	\$11.67
Practice Location:	TBD

Champions Tennis

Champions Tennis Group Lessons with Coach Scott & Staff

Our goal is to provide tennis instruction in a safe, fun, and positive atmosphere! Using feed/live ball drills & games, students will learn stroke fundamentals, rally skills, scoring, and rules. Bring your own Racket and Drink. We have small classes of 4-8 students.

Coach Scott is a member of the United States Professional Tennis Registry, former Head Coach at Mills High School (25 years), and current Head Coach at Taylor Middle School with over 40 years of experience.

Beginner: First timers or students with minimal experience

Advanced Beginner: Students with some experience and who are working on getting/keeping the ball in play

Intermediate: Students with experience and who can rally back and forth



Ages: 7-14 years

Fee: \$270R/\$290NR (1.5 hour); \$180R/\$200NR (1 hour);
Monday Session 2 \$150R/\$170NR

Location: Millbrae Recreation Center Tennis Courts

Day:	Mondays
Session 1:	1/6-2/10
Session 2:	2/24-3/24
Time:	2:30pm-3:30pm (7-10 years) Beginner 3:30pm-4:30pm (7-9 years) Advanced Beginner 4:30pm-5:30pm (9-12 years) Advanced Beginner

Day:	Tuesdays
Session 1:	1/7-2/11
Session 2:	2/18-3/25
Time:	3:15pm-4:45pm (9-14 years) Intermediate 5:00pm-6:00pm (9-12 years) Advanced Beginner

Day:	Wednesdays
Session 1:	1/8-2/12
Session 2:	2/19-3/26
Time:	2:15pm-3:45pm (6th, 7th, 8th Graders/Middle School) 4:00pm-5:00pm (7-9 years) Advanced Beginner 5:00pm-6:00pm (9-12 years) Advanced Beginner

Day:	Thursdays
Session 1:	1/9-2/13
Session 2:	2/20-3/27
Time:	3:30pm-5:00pm (9-14 years) Intermediate 5:00pm-6:00pm (10-14 years) Beginner

Day:	Fridays
Session 1:	1/10-2/14
Session 2:	2/21-3/28
Time:	3:15pm-4:45pm (6th, 7th, 8th Graders/Middle School) 5:00pm-6:00pm (9-12 years) Advanced Beginner

Day:	Saturdays
Session 1:	1/11-2/15
Session 2:	2/22-3/29
Time:	9:00am-10:00am (7-9 years) Advanced Beginner 10:00am-11:30am (9-14 years) Intermediate

Middle School Pickleball with Coach Scott & Staff

Ages:	6th, 7th, 8th Graders/Middle School
Session 1:	2/6-2/27
Session 2:	3/6-3/27
Day:	Thursdays
Time:	2:15pm-3:15pm
Fee:	\$120R/\$140NR
Location:	Millbrae Recreation Center Pickleball Courts

World Cup Soccer

World Cup Soccer Skills & Games Clinic

World Cup Soccer trainings are customized to create many touches on the ball, improve dribbling, passing, receiving, and shooting. We form small groups to ensure a focused and personal practice. We make it instructional, challenging and fun. Every practice includes a scrimmage. Fee includes a World Cup Soccer T-shirt. Please note the Weather/Rain Policy: If the field is closed due to rain or other weather conditions, we will run our soccer class online via Zoom.

Location: Central Park or Taylor Field

Ages:	4-6
Dates:	1/21-3/18
Day:	Tuesdays
Time:	4:00pm-5:00pm
Fee:	\$269R/\$289NR

Ages:	7-9
Dates:	1/21-3/18
Day:	Tuesdays
Time:	4:00pm-5:00pm
Fee:	\$269R/\$289NR

Ages:	4-6
Dates:	1/24-3/21
Day:	Fridays
Time:	4:00pm-5:00pm
Fee:	\$269R/\$289NR

Ages:	7-9
Dates:	1/24-3/21
Day:	Fridays
Time:	4:00pm-5:00pm
Fee:	\$269R/\$289NR

Ages:	4-6
Dates:	1/25-3/22
Day:	Saturdays
Time:	10:00am-11:00am
Fee:	\$269R/\$289NR

Ages:	7-9
Dates:	1/25-3/22
Day:	Saturdays
Time:	11:00am-12:00pm
Fee:	\$269R/\$289NR



WORLD CUP SOCCER CAMPS & CLINICS



CAMPS & WEEKLY CLASSES YEAR-ROUND

FOR MORE INFORMATION OR TO REGISTER:

www.worldcupsoccercamps.com

or (408) 354-4949 (ph)

THE

MILLBRAE RECREATION DEPARTMENT

**WANTS YOU TO CALL THE GAME,
AND BLOW THE WHISTLE!!**

We are looking for Coaches and Referees!
Our Youth Sports Program emphasizes teamwork, skill development, and participation!

We are looking for fun, responsible individuals who want to get in the game and jumpstart a career in Youth Sports!

Please Contact
Emanuel - erosales@ci.millbrae.ca.us 650-259-2365
or
Ryan - rchew@ci.millbrae.ca.us 650-259-2369

Millbrae Adventure Spring Break Camp

Millbrae Recreation staff are excited to bring fun and excitement to Millbrae during Spring Break week. Spring Break Camp will take place at the Millbrae Recreation Center daily, as counselors lead engaging crafts, games, and activities. Join us for an active and entertaining week!

Please note that all campers will need to bring snacks, lunch, and a water bottle to camp daily (no refrigerator or microwave available). Spots fill up quickly so register today at bit.ly/milrec to ensure a place in our wonderful camp!

Ages:	6-11
Dates:	3/31-4/4
Days:	Monday-Friday
Time:	8:30am-4:00pm
Fee:	\$277.11R/\$332.21NR
Location:	Millbrae Recreation Center



SUMMER CAMP FAIR
 Friday, March 7
 4pm-6pm
 Millbrae Recreation Center Great Hall
 477 Lincoln Circle

The bottom half of the poster features three photographs: a child working at a craft table, a man standing at a table, and two women smiling at a table with a game.

Youth Winter Camps

Registration is open for Winter Camps
 at the Millbrae Recreation Center!

For more information and to register,
 please go to our website at bit.ly/milrec

Week of
 December
 30th

Communication Academy Ages 6-8

Academic Writing and Public Speaking

Play Well Teknologies Ages 5-9

Winter Wonderland Engineering with Lego materials

Robotics Ages 7-12

3-D Modeling and Design with Lego Building



Millbrae Recreation Adventure Summer Camp

Millbrae Recreation staff are excited to bring fun and excitement to Millbrae this summer. The Millbrae Adventure Summer Camp will take place at Taylor Middle School daily, as counselors lead engaging crafts, games, and activities. Join us for an active and entertaining week!

Camp curriculum, instruction, and activities will take place from 9:00am–4:00pm. Check-in is anytime between 8:00am–9:00am and check-out is between 4:00pm–5:30pm. **A \$25.93 late pick-up fee will be charged for every 30 minutes after program conclusion at 5:30pm, commencing with the first minute.**

Please note that all campers will need to bring snacks, lunch, and a water bottle to camp daily. Register before July 1 for Early Bird Pricing, as prices will increase if you register after July 1. Spots fill up quickly, register today to ensure a place in our wonderful camp! Camp will take place at Taylor Middle School, with daily walks to Central Park and weekly visits to get ice cream on Broadway.

**SUMMER CAMP
EARLY
REGISTRATION
STARTS NOW!**



Ages: 6 (Junior Rangers); 7–8 (Ambassadors); 9–11 (Naturalists)

Week 1:	6/9–13, Monday–Friday
Theme:	Beach Vibes
Fee:	\$383.75R/\$483.50NR
Week 2:	6/16–20, Monday–Friday (No Camp on 6/19)
Theme:	Color Craze
Fee:	\$307R/\$386.80NR
Week 3:	6/23–27, Monday–Friday
Theme:	A Bug's Life
Fee:	\$383.75R/\$483.50NR
Week 4:	6/30–7/3, Monday–Thursday (No Camp on 7/4)
Theme:	Patriotic Palooza
Fee:	\$307R/\$386.80NR
Week 5:	7/7–11, Monday–Friday
Theme:	Shark Week
Fee:	\$383.75R/\$483.50NR
Week 6:	7/14–18, Monday–Friday
Theme:	Welcome to the Jungle
Fee:	\$383.75R/\$483.50NR
Week 7:	7/21–25, Monday–Friday
Theme:	Sports Mania
Fee:	\$383.75R/\$483.50NR
Week 8:	7/28–8/1, Monday–Friday
Theme:	Summer Rewind
Fee:	\$383.75R/\$483.50NR



MILLBRAE

ADVENTURE SUMMER CAMP



Week 1 June 9-13: Beach Vibes
Summer is officially here and it's time to celebrate! Join us for a week of fun in the sun and good vibes!

Week 2 June 16-20: Color Craze
Let's get colorful with rainbows, tie dye, and more! We will also have friendly Color Battle activities!

Week 3 June 23-27: A Bug's Life
Welcome to the world of bugs! We'll be crawling, sliding, and hopping our way through a range of creepy activities!

Week 4 June 30-July 3: Patriotic Palooza
We're celebrating the 4th of July all week long! From patriotic activities to star-spangled art, let's celebrate in our red, white, and blue.

Week 5 July 7-11: Shark Week
What's lurking beneath the surface? Starfish, sharks, mermaids, pirates, and all things fishy will come out to play!

Week 6 July 14-18: Welcome to the Jungle
Join us as we roar our way through the jungle and unleash your inner explorer!

Week 7 July 21-25: Sports Mania
Let's play the games we love and games we can't wait to master! Whether it's on a board or on a field, it's time to play.

Week 8 July 28-August 1: Summer Rewind
We're pulling from all previous camp weeks to offer a crazy mishmash of all the favorite themes!





For more information and to register:
bit.ly/milrec



Zumba

A fun Latin inspired, dance fitness workout that incorporates a wide variety of musical genres. Class format combines easy to follow fast and slow rhythms that tone and sculpt the body while achieving ultimate cardio health benefits. All fitness level welcome! Instructor: Lori Dachauer

Ages:	16+
Session 1:	1/14–2/18
Session 2:	2/25–3/25
Day:	Tuesdays
Time:	5:00pm–6:00pm
Fees:	Session 1: \$60R/\$80NR Session 2: \$50R/\$70NR Drop-In: \$14
Location:	Millbrae Recreation Center

AM or PM Group Fitness Bootcamp

Join Coach Laurie for an exciting group fitness training program at the Millbrae Recreation Center! Sign up for 9 or 18 classes and mix Tuesday/Thursday classes and/or AM/PM classes with your registration. You will warm up, then power through H.I.I.T. (High-Intensity Interval Training), weight, strength, mobility, and agility exercises. Equipment used will include TRX, kettlebells, bands, battle ropes, medicine balls, and more! This program is open to all fitness levels, no experience needed. You will be challenged with strength and functional exercises that can be modified to meet your fitness goals! Come prepared with workout shoes & clothing, a mat (for stretching), and a towel.

Ages:	14+
Session 1:	1/7–3/27; No Class 2/18, 2/20
Day:	Tuesdays and/or Thursdays
Time:	9:00am–9:50am or 6:20pm–7:10pm
Fees:	11 classes = \$143R/\$163NR 22 classes = \$264R/\$284NR Drop-In \$14
Location:	Millbrae Recreation Center



Zumba Gold (NEW CLASS!)

This fun Latin inspired, calorie-burning dance fitness workout, Zumba Gold is a lower impact workout that is easy to follow for all fitness levels. The class format combines fast and slow rhythms that tone the body while achieving ultimate cardio health benefits. Instructor: Lori Dachauer

Ages:	50+
Session 1:	1/15–2/19
Session 2:	2/26–3/26
Day:	Wednesdays
Time:	2:00pm–2:45pm
Fees:	Session 1: \$60R/\$80NR Session 2: \$50R/\$70NR Drop-In: \$14
Location:	Millbrae Recreation Center

Elena Yoga (NEW CLASS!)

Senior Yoga

Senior yoga is a type of yoga that's designed for older adults and focuses on improving their physical and mental health.

Ages:	50+
Dates:	2/18–3/25
Day:	Tuesdays
Time:	10:30am–11:30am
Fee:	\$180R/\$200NR
Location:	Millbrae Recreation Center

Adult Yoga Vinyasa Flow

Adult yoga classes can vary in their focus, style, and level of difficulty, but they often involve physical poses, breathing techniques, and concentration. Yoga is an ancient practice that can promote endurance, strength, calmness, flexibility, and well-being.

Ages:	18+
Dates:	2/17–3/24
Day:	Mondays
Time:	4:30pm–5:30pm
Fee:	\$180R/\$200NR
Location:	Millbrae Recreation Center

Adult Tennis Group Lessons with Coach Scott & Staff

Beginner: First timers or students with minimal experience

Age:	18+
Dates:	3/4-3/25
Day:	Tuesdays
Time:	5:30pm-6:30pm
Fee:	\$120R/\$140NR
Class size:	4-6 students
Location:	Millbrae Recreation Center Tennis Courts

Introduction to Pickleball with Coach Scott

Pickleball is fun, social, and friendly! Learn basic shots, court positioning, scoring and rules. Great for beginners!

Ages:	18+
Dates:	3/13-3/27
Day:	Thursdays
Time:	5:30pm-6:30pm
Fee:	\$90R/\$110NR
Location:	Millbrae Recreation Center Pickleball Courts

Taiko

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in uchikomi based practice. The participants who join must have both a sense of rhythm and stamina to hit taiko for two hours. Taiko is a physical activity requiring fitness and stamina and is a demanding and challenging endeavor. It requires peak physical conditioning and flexible joints and muscles.

Instructor is requesting the material fee of \$120 per six-week session from each participant to cover maintenance costs of taiko materials. For example, the skin of a taiko drum has a very limited lifespan and therefore must be replaced intermittently. The replacement cost of each skin per drum is over \$1000.

Age:	15+
Dates:	1/28-3/4
Day:	Tuesdays
Time:	7:00pm-9:00pm
Fee:	\$60R/\$80NR Materials Fee to be collected directly by instructor: \$120
Location:	David J. Chetcuti Room

Zungu Chen Family Taijiquan

(Tai Chi Chuan: Tai Chi First Form)

Students will learn and practice the Zungu Chen Family Taijiquan first form posture by posture and silk-reeling exercises. With practice, students will gain health benefits, develop strength, flexibility, balance, and coordination. The martial aspects and health benefits are retained in this form. Students can practice this routine as a martial art with low powerful stances or for health at a higher position with graceful, slow light movements. Wear comfortable clothing. Debbie Au is a certified Chen Taiji instructor of direct Chen Family (Gong Fu Frame) Taiji lineage and has taught taijiquan and taiji weapons forms for over 20 years.

Ages:	18+
Dates:	1/13-3/3; No Class 1/20, 2/17
Day:	Mondays
Time:	6:00pm-7:00pm
Fee:	\$110R/\$130NR
Location:	Millbrae Recreation Center

Dragonfly Designs (NEW CLASS!)

Beading Basics Workshop for Adults

Discover the art of beading in our comprehensive Beading Basics Workshop for Adults! Perfect for beginners, this three-hour, one-day class will introduce you to essential beading techniques, tools, and materials. Our experienced instructor will guide you step-by-step as you create your own beautiful, beaded jewelry pieces. Gain the skills and confidence to continue beading at home while enjoying a relaxing and creative morning. All materials are provided so just bring your enthusiasm!

Ages:	18+
Session 1:	2/8
Session 2:	3/29
Day:	Saturday
Time:	10:00am-1:00pm
Fee:	\$95R/\$115NR Materials Fee to be collected directly by instructor: \$10
Location:	Millbrae Recreation Center



San Mateo Adult School

Register for these classes through the San Mateo Adult School at sanmateoadulted.org or by calling 650-558-2100.

Tai Chi For Beginners

This class is for beginners. You'll practice and learn basic Tai Chi postures, slowly, step by step under the knowledgeable guidance of Tai Chi specialist, Debbie Au. RN. Warming up your joints and muscles first is very important, so that's what we do first. Once joints and muscles are warmed up, we practice gentle movements to promote a better range of motion, flexibility and balance. These exercises are followed by practicing taiji postures.

Ages:	50+
Date:	1/8-4/23
Day:	Wednesdays
Time:	2:00pm-3:00pm
Fee:	\$75
Location:	Millbrae Recreation Center

Fall Prevention – Your Balance Matters!

This class is designed to support and maintain overall fitness for adults 70 and better! We practice specific routines that will improve leg power, strengthen support for better balance, and increase agility. You'll learn about body mechanics that contribute to better posture and can help lower your risk for falls. Some exercises are done seated, others while standing, using a chair for support. Bring 2lb. hand weights.

Ages:	70+
Session 1:	2/4/2-3/4
Session 2:	3/11-4/8
Day:	Tuesdays
Time:	1:00pm-2:00pm
Fee:	\$60
Teacher:	Jeri McGovern
Location:	Millbrae Recreation Center

Afternoon at the Opera: Online & In-Person

Top 5 Operas you absolutely must know! Learn which operas were the MOST performed works around the world and have undeniably shaped the field, captivating audiences for centuries with their timeless stories, unforgettable melodies, and iconic characters. Whether you're a seasoned opera lover or just starting to explore the genre, join us in person or online as we explore these colorful essential masterpieces!

Ages:	50+
Date:	2/3-3/10
Day:	Mondays
Time:	2:30pm-4:00pm
Fee:	\$125
Teacher:	D. Rosengaus
Location:	Millbrae Recreation Center

Move, Stretch & Strengthen

Move, Stretch & Strengthen to uplifting music. Start with slow gentle warm-ups followed by easy paced low-impact dance-inspired aerobic exercises! We then use hand weights to strengthen muscles and bones. The class concludes with gentle exercises performed on a mat. Bring hand weights and a mat. Guest drop-in passes are \$8 and can be purchased in class.

Ages:	50+
Date:	1/6-4/21 (No class 1/20, 2/17)
Day:	Mondays
Time:	9:30am-10:30am
Fee:	\$75
Date:	1/8-4/23
Day:	Wednesdays
Time:	9:30am-10:30am
Fee:	\$75
Teacher:	Jeri McGovern
Location:	Millbrae Recreation Center



Dan Lupo Music

1:1 Piano Lessons

In this experience, students will learn the basics of the piano, with every lesson carefully created to fit the goals of the student! The things the student will learn are exercises for growth, basic music theory, and songs you know and love!

Ages:	6-70
Session 1:	Wednesdays 1/15-3/26
Session 2:	Thursdays 1/16-3/27
Day:	Wednesdays or Thursdays
Times:	Wednesdays 2:30pm-6:30pm (choose 30 min. intervals) Thursdays 2:30pm-5:30pm (choose 30 min. intervals)
Fee:	\$550R/\$570NR
Location:	Millbrae Recreation Center

Adult Sports

Season: March 3–May 2

The Millbrae Recreation Departments Adult Sports leagues are open to any individuals 18+. Adult Leagues are a great way to stay in shape and de-stress from everything else going on in life. These leagues are meant to be fun with some competitive spirit. Please respect our league, come out and enjoy your time!

Pickleball

Open Gym

Matches will have no umpire.

Days:	Mondays and Fridays
Dates:	3/3–5/2; No matches 3/14, 3/31, 4/4
Time:	4:00pm–8:30pm
Fees:	\$3.85R/\$5.15NR
Location:	Caroline Shea Center

Volleyball

Recreation League

Games will have no referee.

Day:	Thursdays
Dates:	3/3–5/2; No games 3/14, 3/31
Game Times:	Court 1: 6:30pm, 7:15pm, 8:00pm Court 2: 6:30pm, 7:15pm, 8:00pm
Playoffs:	4/24, 5/1
Fees:	Resident: \$97.24; Team (10): \$777.86 Non-Resident: \$117.24
Location:	Caroline Shea Center

Soccer

Recreation League

Games will have no referee.

Day:	Wednesdays
Dates:	3/5–5/7
Time:	6:00pm–8:00pm
Fees:	\$123.17R/\$143.17NR
Location:	On Richmond Side at Taylor Field



**REGISTRATION
STARTS
NOVEMBER 25!**

Basketball

Recreation League

Games will have no referee.

Day:	Tuesdays
Dates:	3/3–5/2; No game 4/1
Game Times:	6:00pm, 6:50pm, 7:40pm
Playoffs:	4/22, 4/29
Fees:	Resident: Individual \$123.17; Team (10) \$862.12 Non-Resident: Individual \$143.17
Location:	Caroline Shea Center

Advanced League

Games will have referee.

Day:	Wednesdays
Dates:	3/3–5/2; No game 4/2
Game Times:	6:00pm, 6:50pm, 7:40pm
Playoffs:	4/23, 4/30
Fees:	Resident: Individual \$123.17; Team (10) \$862.12 Non-Resident: Individual \$143.17
Location:	Caroline Shea Center

GET READY FOR

ADULT SPORTS! COMING SPRING '25

- Open Gym Pickleball (Mon & Fri)
- Basketball League Recreational (Tue) Advanced (Wed)
- Recreational Volleyball (Th)

- Evenings TBD,
- General hours 4:00pm - 8:45pm
- Registrations opens Nov 25th

MARCH 3 - MAY 2

Weekly/Monthly Programs

These classes may require monthly pre-registration. Please visit bit.ly/milrec or call 650-259-2338 for information. All classes take place at the **Millbrae Recreation Center**.

Line Dancing

Monday:	9:30am–10:30am (beginner) 10:30am–11:30am (intermediate)
Fee:	\$5 per class or combo class for \$8

Senior Game Day (Canasta & Mexican Train)

Monday:	10:00am–2:00pm
Fee:	\$3.85 per class

Ballroom Dance Level I

Friday:	11:00am–12:00pm
Fee:	\$3.85 per class

Quilting

Tuesday:	11:00am–11:45am
Fee:	\$3.85 per class

Music & Motion

9/10–11/12:	12:45pm–1:30pm
Fee:	\$3.85 per class; Free to caregivers

Chinese Line Dancing

Tuesday:	9:30am–11:00am
Thursday:	9:00am–10:30am
Fee:	\$3.85 per class

Mahjong

Tuesday & Friday:	12:00pm–4:00pm
Fee:	No Fee

Creative Yarn and Stitches

Wednesday:	9:00am–11:30am
Fee:	No Fee

Independent Senior Tai Chi

Wednesday:	10:00am–11:00am
Fee:	\$10 per class

Tai Chi

Wednesday:	11:00am–12:00pm
Fee:	\$8 per class

Painting

Wednesday & Thursday:	1:00pm–4:00pm
Fee:	\$3.85 Seniors, \$11.67 Adult

Chen Tai Chi Exercises (Silk-reeling Exercises)

Wednesday:	12:00pm–1:00pm
Fee:	\$8 per class

Senior Aerobics/Fitness

Thursday:	10:30am–11:30am
Fee:	\$3.85 per class

Line Dancing Progressive (Series)

Thursday:	6:00pm–7:30pm
Fee:	\$7.50 per class

Line Dancing

Friday:	9:00am–10:00am (beginner) 10:00am–11:00am (intermediate)
Fee:	\$5 per class or \$8 for both classes

Sunday Social Dance

1st Sunday monthly:	1:00pm–4:00pm
Fee:	\$10 per class

World Line Dancing

Monday:	11:00am–12:00pm
Fee:	\$3.85

Bad Dad Jokes and Coffee Social Hour

Thursday:	10:00am–11:00am
Fee:	No Fee

Movie in the Senior Lounge

Friday:	10:00am–12:00pm
Fee:	No Fee





MILLBRAE NEWS

BI-WEEKLY NEWSLETTER

Sign up to receive City News direct in your inbox!

Looking to stay connected with everything happening in our Millbrae community? Millbrae News is your go-to source for local updates, events, and news that matter to you!

Whether you're new to Millbrae or a lifelong resident, Millbrae News keeps you in the loop and engaged with our community.

Residents can sign up to receive the newsletter by email and text. To Sign up, scan the QR code to visit our Notify Me Center on our website (<https://bit.ly/NotifyMeMillbrae>). You can also pick up printed copies at City Hall and at the Millbrae Recreation Center.



SCAN ME

BE IN THE KNOW!

MILLBRAE SENIORLINE

If you would like to receive a copy of our Seniorline newsletter, you can subscribe online at bit.ly/millbraeseniorline or by calling 650-259-2338

Classes, Programs, Events, and Information for Seniors

Millbrae Senior Lunch

Come join us on the
2ND TUESDAY OF EVERY MONTH
for a lovely lunch and entertainment!

RESERVATION IS REQUIRED
AND SPACE IS SOMETIMES LIMITED
Please call 650-259-2338 to RSVP

Time: 11:30am-1:30pm

Fee: \$5.00 or free if it is your birthday month!

Location: Millbrae Recreation Center



“Bad Dad Jokes” and Coffee!

Come hang out in our
Senior Lounge
to chat, laugh, and have
FREE COFFEE!

Every Thursday
from 10:00 AM - 11:30 AM
Millbrae Recreation Center



MILLBRAE GOES TO THE MOVIES

Millbrae Recreation Center
Great Hall

DECEMBER 13, 2024
FEBRUARY 14, 2025
APRIL 11, 2025

Learn more at bit.ly/millbraemovies





FREE! **COMMUNITY EMERGENCY RESPONSE TEAM** **FREE!**
CERT BASIC TRAINING
January 15 – March 1, 2025



Here is your opportunity to become a trained member of "CERT", the Central County Fire Department's Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during a hands-on skills and exercise session.

"Neighbors Helping Neighbors doing the greatest good for the greatest number"

<p>Wednesday, January 15, 2025 Disaster Awareness, CERT Organization and Management</p> <ul style="list-style-type: none"> • Disaster types, history, and probability • How to prepare before it happens • What to do when a disaster strikes • CERT Incident Command System; where CERT Fits in 	<p>Wednesday, January 22, 2025 Fire Safety & Utility Control</p> <ul style="list-style-type: none"> • Natural gas, water, and electrical controls • Types of fire & use of extinguishers to put fire out
<p>Wednesday, January 29, 2025 Medical Part I</p> <ul style="list-style-type: none"> • Treat Life – Threatening Conditions • Triage – Public Health Considerations • Disaster Medical Operations • Establishing Treatment Areas 	<p>Wednesday, February 5, 2025 Medical Part II</p> <ul style="list-style-type: none"> • Head-to-toe assessments • Opening the airway • Stopping bleeding and controlling shock • Triage, burns, fractures, and other injuries
<p>Wednesday, February 12, 2025 Light Search and Rescue</p> <ul style="list-style-type: none"> • Different types of construction and where to look for damage; building marking system • Interior search patterns • Lifting heavy objects and mechanical advantage • Victim safe lifts and carries 	<p>Wednesday, February 19, 2025 Disaster Psychology, Terrorism</p> <ul style="list-style-type: none"> • Disaster Psychology • What is Terrorism? • Terrorist targets • Preparing at home and work
<p>Wednesday, February 26, 2025 CERT Communications & Refresh</p> <ul style="list-style-type: none"> • Communications 101 • Composing emergency messages • Hands on practice with FRS Radios • Refresh for "Skills Day" 	<p>**Saturday, March 1, 2025** Skills Development and Application</p> <ul style="list-style-type: none"> • Extinguish fires • Triaging and treating victims • Extricating victims trapped by heavy timbers • Interior search for reported missing persons • Course Review-Graduation Ceremony

Classes will be held in Wednesday evenings in Millbrae at the Millbrae Library, 1 Library Ave., Millbrae 6:00 to 8:30 PM. The last class, ****Skills Development & Application****, will be held at Fire Station #37, 511 Magnolia Ave., Millbrae Saturday, March 1st, 8:30 AM to 3:30 PM.

Register today, go to www.ccfcd.org/cert or visit: <https://bit.ly/CCFDCERTRegistration>



MILLBRAE LUNAR NEW YEAR FESTIVAL



1/25 & 1/26
SAT&SUN

10:00 AM-5:00 PM

**200 - 400 Broadway
Millbrae CA 94030**

**FOOD, ART, CRAFTS
& STAGE PERFORMANCES!**



Millbrae Recreation
477 Lincoln Circle
Millbrae, CA 94030
(650) 259-2360

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Millbrae Senior Showcase

Friday, January 31

10 a.m. - 2 p.m.

Millbrae Recreation Center
477 Lincoln Circle, Millbrae, CA 94030

FREE ADMISSION
EVERYONE WELCOME

Featuring:

- Free health screenings
- Resources, raffle, & more!



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