

January/February 2025

MILLBRAE SENIORLINE



**Please come join us for our monthly
Senior Luncheon!**

January 14th and February 11th

11:30 AM - 1:30 PM

Millbrae Recreation Center

\$5.00 or free if it is your birthday month

Please call 650-259-2338 to RSVP

The deadline to RSVP is one week before each luncheon.



**Subscribe to our Seniorline at
bit.ly/millbraeseniorline
or call 650-259-2338**

Hello Seniors,



We hope you all had an enjoyable holiday season! We had a lovely Senior Luncheon in December and encourage you to join us in 2025!

We have a new Yoga class for seniors on Tuesdays, and a new Zumba class for seniors on Wednesdays. Please review our Winter Activity Guide that was sent home to Millbrae residents last month to see if anything is of interest to you! The Millbrae Senior Showcase is on Friday, January 31st here at the Millbrae Recreation Center. There will be many resources, free health screenings and a raffle! Please see our calendar of events on the next page and enjoy this edition of our Seniorline!

Sincerely,

Joanna



Millbrae Events



January

Every Thursday Bad Dad Jokes and Coffee - 10:00 AM
Millbrae Recreation Center

Every Friday Movie-10:00 AM Millbrae Recreation Center

January 7 Senior Stories - 10:00 AM Millbrae Recreation Center

January 14 Senior Lunch - 11:30 AM Millbrae Recreation Center

January 15 Senior Advisory Committee Meeting-9:00 AM
Millbrae Recreation Center

January 24 Adult and Senior Bingo Night- 6:30 PM
Millbrae Recreation Center

January 25-26 Lunar New Year Festival- 10:00 AM-
5:00 PM 200 Broadway St. in downtown Millbrae

January 31 Millbrae Senior Showcase- 10:00 AM-2:00 PM
Millbrae Recreation Center

February

Every Thursday Bad Dad Jokes and Coffee - 10:00 AM
Millbrae Recreation Center

Every Friday Movie-10:00 AM Millbrae Recreation Center

February 4 Senior Stories - 10:00 AM Millbrae Recreation Center

February 8 Fix-it-Clinic-11:00 AM at Millbrae Library

February 11 Senior Lunch - 11:30 AM - Millbrae Recreation Center

February 14 Movie Night - 6:30 PM - Millbrae Recreation Center

February 19 Senior Advisory Committee Meeting -
9:00 AM Millbrae Recreation Center



**For More Information Please
Call 650-259-2338**



January Birthdays

1/1 Richard Herb

1/3 Storm Shigeko

1/3 Beverly York

1/5 Suju Chan

1/10 Julia Caling

1/10 Pauline Sutton

1/10 Judie Hughes

1/11 Dorothy Sand

1/13 Barbara Hextrum

1/13 Alice Mak

1/14 Peggy Murphy

1/15 Alice Puccinelli

1/16 Shun Fai Hung

1/16 Stacie Hershman

1/18 Paula Tongilara

1/18 Teri Covarrubias

1/19 Evelyn S. Wyland

1/20 Pushpa Sadarangami

1/22 Hok-Shun Hung

1/23 Doris Richmond

1/24 Laurette Brayer

1/25 Seini Afu

1/25 Paul Crisafulli

1/25 Karen Kahn

1/25 Thomas Kirby

1/25 Lesnila Lucuanan

1/26 Der Yim

1/27 Gloria Stickle

1/29 Chon-Wei Yu

1/29 Tom Sahai

1/29 Barbara Smith

1/30 James Chow

1/30 Frank Mc Laughlin





February Birthdays

2/1 Claire Patterson

2/3 Rita Etchepare

2/4 Dorothy Lauser

2/4 Frank Sanchez

2/6 Saled Kamali

2/10 Mayta Ocafrain

2/10 Roma Alvarez

2/12 Miriam N. Cruz

2/12 Marge Colapietro

2/15 Mary Morrello

2/15 Dr. Dipakbeti

Patel

2/16 Aida Isassi

2/19 Val Dambrosio

2/23 Lynn Aubright

2/24 Julia Malonchi

2/24 Lily Lane

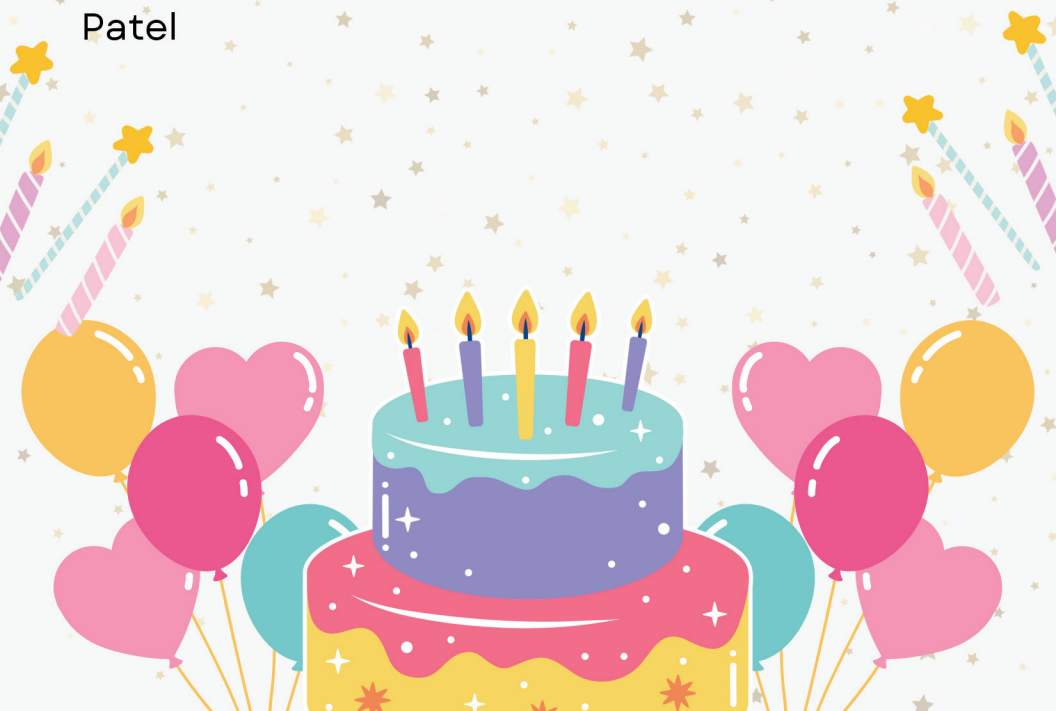
2/25 Sheila Delucca

2/26 Marie Whitener

2/26 Lorraine Pacheco

2/26 Fe Benigno

2/29 Helen Erickson





BINGO NIGHT

Gather your family, friends, and bingo enthusiasts for an evening of delicious pizza, fabulous prizes, and unforgettable memories.

**18 Years and Older Only*

FRIDAY,
JANUARY 24

MILLBRAE
RECREATION
CENTER

STARTS AT
5:30PM

PLEASE RSVP BY JANUARY 17TH BY CALLING 650-259-2338



MILLBRAE LUNAR NEW YEAR FESTIVAL



1/25 & 1/26

SAT&SUN

10:00 AM-5:00 PM

**200 - 400 Broadway
Millbrae CA 94030**

**FOOD, ART, CRAFTS
& STAGE PERFORMANCES!**



2025



Millbrae Recreation Center Receives National DBIA Awards

Last month, the City of Millbrae was honored alongside partners Blach Construction (Blach), ELS Architecture and Urban Design (ELS), and Swinerton Management & Consulting (SMC) with three Design-Build Institute of America (DBIA) awards for its Millbrae Recreation Center (MRC) project. Presented at the 2024 Design-Build Conference & Expo in Dallas, the project was initially bestowed the National Award of Merit in the Civic/Assembly category and went on to also receive the National Award of Excellence in the Civic/Assembly category and Best in Teaming at the ceremony.

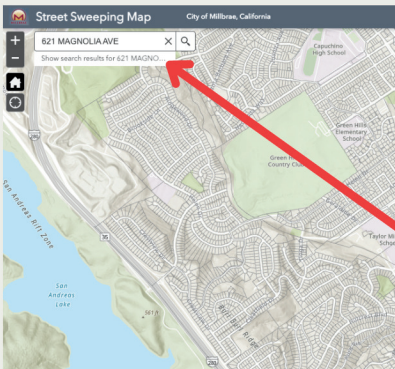
Read more by visiting:
<https://bit.ly/MillbraeDBIAAwards>



City of Millbrae Street Sweeping Interactive Map

The City of Millbrae is excited to announce the launch of its new Interactive Street Sweeping Map, a user-friendly tool designed to help residents stay informed about street sweeping schedules in their neighborhoods. This innovative resource is now available online and can be accessed at <https://bit.ly/SweepMillbrae>

How to Use the Map



1. Visit the Interactive Street Sweeping Map <https://bit.ly/SweepMillbrae>

2. Enter your address or browse the map to find your neighborhood.



3. Review the schedule and plan accordingly to ensure your street is clear during sweeping days.



bit.ly/SweepMillbrae

SCAN ME



Environmental
Programs
Division

Electrify Landscape Equipment Incentive



View terms and download the application
<https://bit.ly/ElectrifyLandscape>

**California Law AB
1346 bans the sale of
gas-powered leaf
blowers and weed
trimmers.**

Steps to Redeem



Buy electric string trimmer or leaf blower from a
Millbrae Business



Fill out online application or bring receipt, proof of
residence, and photo of purchased equipment to
Millbrae City Hall Public Works Counter

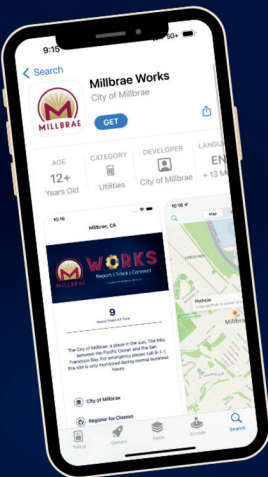


MILLBRAE

WORKS

Report | Track | Connect

In case of emergency call 9-1-1



**Millbrae Works powered by SeeClick Fix is
the fastest, easiest way for you to submit
non-emergency requests to your
community, stay updated and initiate
change in your community.**



Download on the
App Store



GET IT ON
Google Play

SEECCLICKFIX.COM/MILLBRAE



Stay Informed and Sign Up for Notifications!

With the winter weather upon us it is even more important to sign up for alerts and notifications regarding storms, road work/closures, and other important information.

- **Notify-Me** - Sign up for our Notify-Me system that allows residents to subscribe to email and/or text message notifications by visiting <https://bit.ly/NotifyMeMillbrae>
 - Be sure to select the specific categories you want, such as Public Works notifications, Resident Newsletters, or Storm Alerts.

How to sign up:

1. Visit: <https://bit.ly/NotifyMeMillbrae>

2. Then click on Notify Me to Sign In and Make an Account.







Notify Me®

1. Sign in
2. If you want to receive text messages enter your phone number and select **Save**.
3. To subscribe or unsubscribe click  and/or  next to the lists to which you wish to subscribe/unsubscribe.

[Notify Me Sign In](#)

3. Select the topics that you would like to receive for both text or email.

Notify Me®

METHOD	LIST NAME	DESCRIPTION
 	Public Works Notifications	Subscribe for updates regarding road work, power outages, water issues, and more. View Previous Messages
 	Resident Newsletter	View Previous Messages
 	Residential Design Standards and Zoning Code Amendments Project Updates	View Previous Messages
► Agenda Center		

Alert Center

METHOD	LIST NAME	DESCRIPTION
 	Storm Alerts	View Previous Messages

4. Then check your email and confirm your subscription.

Millbrae Senior Showcase

Friday, January 31

10 a.m. - 2 p.m.

Millbrae Recreation Center
477 Lincoln Circle, Millbrae, CA 94030

**FREE ADMISSION
EVERYONE WELCOME**

Featuring:

- Free health screenings
- Resources, raffle, & more!



THE DAILY JOURNAL
Leading local news coverage on the Peninsula

For more information call (650) 344-5200



**Peninsula
Family Service**



Got Wheels! Service has Expanded

Older adults living San Mateo County who are at least 70 years of age, and those younger than 70 with disabilities*, are eligible to apply for membership to

Got Wheels!

Members are provided with up to six one-way rides a month for \$5 and an optional tip. Each one-way ride must be within San Mateo County. The Got Wheels! program partner, Serra Yellow Cab, provides on-demand rides with curb-to-curb service, including wheelchair-accessible vehicles.

Contact Cherie Querol Moreno at 650-403-4300

Scholarships for Millbrae Recreation Senior Classes

We have funds for seniors in need of assistance to participate in our Millbrae Recreation senior classes. You may receive 50% off based on income while funds last. Please come to the Recreation Center for an application and for more information.

- Line Dancing
- World Line Dancing
- Chinese Line Dancing
- Senior Game Day
- Ballroom Dancing
- Quilting
- Painting
- Senior Aerobics

*Class discount requires monthly registration.

*Does not include contract classes.

*Limit 2 class sessions per month/no pro-rating for missed classes.



Senior Stories!



**January 7th and February 4th
10:00 AM at the Millbrae Recreation Center**

**Please come join us for FREE coffee,
pastries and sharing of people's
lives in your community!**

No RSVP necessary.

All are welcome!

**IF YOU WOULD LIKE TO SHARE YOUR LIFE
STORY, PLEASE CALL 650-259-2364**





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FREE
LUNCH
WITH
TOUR!*

FOR MORE INFORMATION
CALL BARI JAIN
(650) 552-4167



VISIT OUR
WEBSITE!

1201 BROADWAY
MILLBRAE, CA 94030

License #415601039

*Offer valid through 1/1/2025.
Some exclusions may apply.
Contact community for more details.

CADENCEMILLBRAE.COM



Self-Help for the Elderly

安老自助處

Millbrae Recreation Dept.

Senior Program

477 Lincoln Circle

Millbrae, CA 94030

Phone: (650) 259-2364

PSRSTD STD

U.S. POSTAGE

PAID

BURLINGAME, CA

PERMIT NO. 115

Self-Help for the Elderly Senior Lunch Program
provides nutritious meals to elders from

9:30 am to 1:30 pm, Monday to Friday
at the David J. Chetcutti Community Room,
450 Poplar Avenue, Millbrae.

If you are 60 years old or above and would like to
participate, please get in touch with us at 415-

770-3739 and leave a message.

We require a reservation in advance. We offer in-
person activities and virtual classes; everyone is
welcome to join.

For the monthly lunch menu, class schedule,
or our center locations, please visit

selfhelpelderly.org/locations

Our Home Delivered Meals Service is available for
homebound individuals needing the service.

Please get in touch with our San Mateo Center
for details at 650-342-0822.

Mailing Address



MILLBRAE