



March/April 2025

MILLBRAE SENIORLINE



**Please come join us for our monthly
Senior Luncheon!**

March 11th and April 8th

11:30 AM-1:30 PM

Millbrae Recreation Center

\$5.00 or free if it is your birthday month

Please call 650-259-2338

The deadline to RSVP is one week before each luncheon.



**Subscribe to our Seniorline at
bit.ly/millbraeseniorline
or call 650-259-2338**



Hello Seniors,

We are excited for our Spring season here in Millbrae. Our Spring/Summer Activity Guide is being sent to all Millbrae residents on March 1st. Please see if there are any classes in which you might be interested!

We also want to thank all of you who attended the San Mateo Daily Journal Senior Showcase on January 31st. Over 300 people attended! This will be an annual event here at the Recreation Center and we welcome you to come next year and get Senior information and a free health screening.

We hope you enjoy this edition of the Seniorline and we look forward to seeing you here at the Recreation Center!

Sincerely,

Joanna



Millbrae Events



March

Every Thursday Bad Dad Jokes and Coffee -
10:00 AM Millbrae Recreation Center

March 4 Senior Stories - 10:00 AM Millbrae Recreation
Center

March 11 Senior Lunch - 11:30 AM Millbrae Recreation
Center

March 19 Senior Advisory Committee Meeting -
9:00 AM Millbrae Recreation Center

April

Every Thursday Bad Dad Jokes and Coffee -
10:00 AM Millbrae Recreation Center

Every Thursday Walk around Millbrae - 11:00 AM
Millbrae Recreation Center

April 1 Senior Stories - 10:00 AM Millbrae Recreation
Center

April 8 Senior Lunch - 11:30 AM - Millbrae Recreation
Center

April 11 Movie Night - 6:30 PM - Millbrae Recreation
Center

April 16 Senior Advisory Committee Meeting -
9:00 AM - Millbrae Recreation Center



**For More Information
Please**

Call 650-259-2338



March Birthdays

3/1 Fae Melmon

3/2 Pauline Argner

3/3 Mary Ann Parka

3/5 Mildred Lisco

3/6 Samuel Gnessin

3/7 Anne Williams

3/7 Glade Beresford

3/8 Santina Sebastiani

3/8 Nelson Ifan

3/9 Bonnie Maguire

3/10 Dr. Jagdih Patel

3/10 Rose Jaber

3/13 Pat Samuelson

3/16 Randy Sahae

3/16 Russell Clarks

3/20 Ruth Coleman

3/20 Mildred Tani

3/20 James M. Gebretsen

3/20 Helen Eatrow

3/22 Jeannie Feanne

3/22 Alice Del Sarto

3/23 Lorraine Lee

3/23 Carylee Barker

3/26 Bart Elliot

3/28 Ruth Henon

3/29 Delores Haas

3/30 Chang Soo Ng

3/30 Toshiko Chang

3/30 Balbina Kedit



April Birthdays

4/4 Joitn Behlmer
4/4 Rebecca Willot
4/10 Ben Mencone
4/10 Don Morrissey
4/11 Isabel Galez
4/12 Barbara Broce
4/13 Charles Mabardy
4/14 Marie Burns
4/14 Charlotte Chemavonian
4/15 Jay Miller
4/16 Maureen Deluige
4/19 Emily Moskowitz
4/19 Pat Morrissey
4/20 Clara Taylor
4/22 Dottie Driesboch
4/25 Elsie Dab
4/25 Mike Stiegler
4/29 Margaret Kingston
4/29 Lina Enriquez



FREE MILLBRAE RECREATION SENIOR PROGRAMS TO GATHER AND MEET NEW FRIENDS!

CREATIVE YARN AND STITCHES CLUB

WEDNESDAYS 9:00AM

BAD DAD JOKES AND COFFEE

THURSDAYS 10:00AM

SENIOR STORIES

1ST TUESDAY OF EVERY MONTH 10:00AM

WALKING IN MILLBRAE (APRIL-AUGUST)

THURSDAYS 11:00AM

LOCATION: MILLBRAE RECREATION CENTER



New Adult and Senior Class!!

Millbrae Recreation

Paint by Numbers

The paint by number kits we use for this activity are designed for all skill levels.

Easy-to-follow instructions make it simple to create beautiful art, while still offering a satisfying project for more experienced artists.

Dates: Fridays 4/4-5/9

Time: 10:30AM-12:00PM

Fee: \$23.00

Register by 3/21 Space is Limited



Fee Includes:

- ***Numbered Canvas***
to create painting picture here
- ***Color Card***
- ***6 Brushes***
- ***Reference Sheet***
- ***Paint by Numbers Guide***
- ***Set of Paints***
- ***Call 650-259-2338***
to register!





**NO-COST HOME REPAIRS FOR
INCOME-QUALIFIED HOMEOWNERS
IN SAN MATEO COUNTY &
NORTHERN SANTA CLARA COUNTY**

SAFE HOMES AND COMMUNITIES FOR EVERYONE

Rebuilding Together Peninsula

Since 1989, Rebuilding Together Peninsula (RTP) has serviced our San Francisco Peninsula neighbors by providing critical safe-and-healthy-housing repairs to homeowners-in-need, at no cost to the homeowner.

RTP's technicians work directly with you as a homeowner to understand what repairs your home needs so you can feel secure in what to expect. All repair work is performed safely, efficiently, and at no cost to you. Note that larger repairs and renovations may be addressed with a team of volunteers.

Our repairs help ensure that you can live & age in a safe & healthy space while preserving the value of your home.

To qualify: Applicants must own and live in their own home and not have the resources to do the work themselves. Applicants must live in San Mateo County or the cities of Palo Alto, Mountain View, or Los Altos.

**Applicants must complete an application at
www.rtpeninsula.org/apply-for-repairs**

Applicants' total household gross annual income must be below the guidelines below, which includes all individual adults living in the home

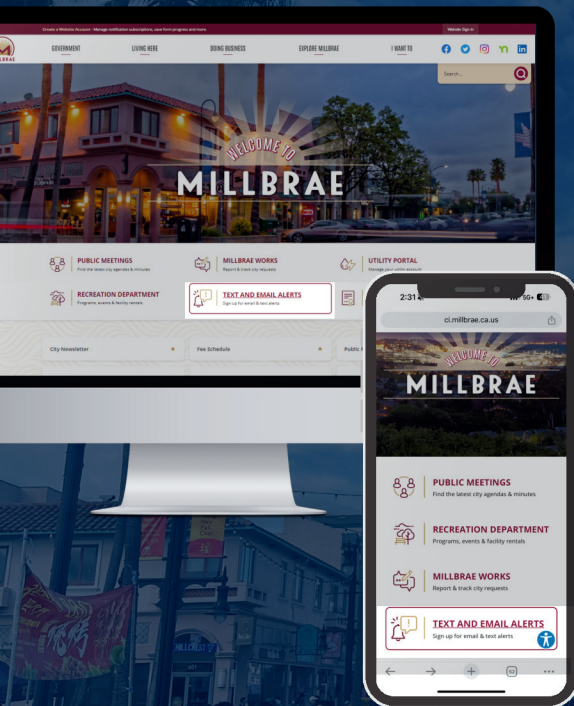
Household Size (adults and children)	1	2	3	4	5	6	7
San Mateo County Total Annual Income	\$109,700	\$125,350	\$141,000	\$156,650	\$169,200	\$181,750	\$194,250
Santa Clara County Total Annual Income	\$102,300	\$116,900	\$131,500	\$146,100	\$157,800	\$169,500	\$181,200

“ **LET'S STAY
CONNECTED!** ”



**STAY UPDATED WITH YOUR
FAVORITE MILLBRAE
NEWS AND EVENTS**

- Click on “Text and Email Alerts”
- Create Account/Sign In
- Click on the ✉ envelope/
📱 text icon next to the list you want to receive email/text notification on.



FOLLOW OUR PAGES:



Follow us on
Instagram:
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Like us on Facebook:
[facebook.com/cityofmillbrae](https://www.facebook.com/cityofmillbrae)



Follow us on X
(Twitter):
[@Cityofmillbrae](https://twitter.com/cityofmillbrae)



Nextdoor
<https://bit.ly/MillbraeNextdoor>

**Scan for City
Website:**



The Paratransit Advisory Council (PAC) advocates for accessible transportation (paratransit) in San Mateo County.

In collaboration with SamTrans, they oversee and monitor the performance of Redi-Wheels and RediCoast services, advocate for legislation, and inform members, riders, and the community about paratransit issues.

Redi-Wheels riders, their families, and anyone interested in accessible transportation, are invited to attend our monthly meetings, help improve the service and join. New members are welcome, especially paratransit riders.

Got a comment or concern? Meetings are on the second Tuesday of each month, at 1:30pm, in person at 1250 San Carlos Avenue, San Carlos, or remotely on Zoom and by phone.

📞 650-299-1442

✉️ sanmateopcc2@gmail.com

🌐 www.sanmateopcc.org



Got Wheels! Service has Expanded

Older adults living San Mateo County who are at least 70 years of age, and those younger than 70 with disabilities*, are eligible to apply for membership to

Got Wheels!

Members are provided with up to six one-way rides a month for \$5 and an optional tip. Each one-way ride must be within San Mateo County. The Got Wheels! program partner, Serra Yellow Cab, provides on-demand rides with curb-to-curb service, including wheelchair-accessible vehicles.

Contact Cherie Querol Moreno at 650-403-4300



Spring



Z	S	X	U	H	V	Y	D	S	A	X	S	X	D	A	L
R	B	O	B	R	F	L	O	W	E	R	S	W	K	M	K
V	O	A	H	R	C	H	N	X	B	W	R	M	S	S	Q
K	U	V	J	T	A	R	R	S	H	A	H	T	I	O	N
F	T	L	D	E	J	I	H	D	A	C	U	O	D	A	F
I	D	S	A	P	L	I	N	G	W	O	C	D	W	K	E
G	O	G	G	O	Y	R	Y	B	K	T	R	W	T	T	B
T	O	C	Q	Z	H	Q	C	O	O	R	Z	S	G	H	P
S	R	I	W	U	X	M	O	L	T	W	S	V	F	H	E
U	S	W	Y	O	Y	C	O	R	P	Y	S	L	Z	M	F
N	A	B	C	Y	U	A	Y	Q	I	L	A	T	R	A	F
D	G	Y	A	M	Y	Q	A	O	G	Y	A	O	V	I	R
J	I	Z	F	A	S	X	Q	S	C	M	T	O	U	R	S
X	O	D	X	L	C	K	U	U	V	S	W	A	A	Y	C
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Y	S	G	L	Z	R	X	X	Y	Y	S	A	J	P	W	D



AIRY
FLOWERS
RAINBOWS
STORM



COOKOUTS
OUTDOORS
SAPLING



SENIOR AND ADULT PAINT AND COFFEE



**MARCH 8TH
10:30AM-12:00PM**

**FEE: \$26 (INCLUDES
CLASS AND ALL
MATERIALS)**

**LOCATION:
MILLBRAE RECREATION
CENTER**

**REGISTER AT:
[BIT.LY/MILREC](https://bit.ly/milrec)
OR CALL 650-259-2338**



Senior Stories!



**March 4 & April 1 at 10:00 AM
Millbrae Recreation Center**

**Please come join us for FREE coffee,
pastries and sharing of people's
lives in your community!
No RSVP necessary.
All are welcome!**

**IF YOU WOULD LIKE TO SHARE YOUR LIFE
STORY, PLEASE CALL 650-259-2364**



Scholarships for Millbrae Recreation Senior Classes

We have funds for seniors in need of assistance to participate in our Millbrae Recreation senior classes. You may receive 50% off based on income while funds last. Please come to the Recreation Center for an application and for more information.



- Line Dancing
- World Line Dancing
- Chinese Line Dancing
- Senior Game Day
- Ballroom Dancing
- Quilting
- Painting
- Senior Aerobics

*Class discount requires monthly registration.

*Does not include contract classes.

*Limit 2 class sessions per month/no pro-rating for missed classes.



AARP TAX-AIDE



Need help with a simple tax return? Go to bit.ly/millbraetaxprep & schedule an appointment! AARP volunteer agents can assist you in filing your tax return.

**Appointment dates
available in Millbrae:**

February: 5, 12, 19, 26

March: 5, 12, 19, 26

April: 2, 9

**At the:
Millbrae
Recreation Center
477 Lincoln Circle**

bit.ly/millbraetaxprep

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Your fir





Self-Help for the Elderly

安老自助處

*Millbrae Recreation Dept.
Senior Program
477 Lincoln Circle
Millbrae, CA 94030
Phone: (650) 259-2364*

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BURLINGAME, CA
PERMIT NO. 115

Self-Help for the Elderly Senior Lunch Program
provides nutritious meals to elders from
9:30 am to 1:30 pm, Monday to Friday
at the David J. Chetcutti Community Room,
450 Poplar Avenue, Millbrae.

If you are 60 years old or above and would like to
participate, please get in touch with us at 415-770-
3739 and leave a message.

We require a reservation in advance. We offer in-
person activities and virtual classes; everyone is
welcome to join.

For the monthly lunch menu, class schedule,
or our center locations, please visit
selfhelpelderly.org/locations

Our Home Delivered Meals Service is available for
homebound individuals needing the service.
Please get in touch with our San Mateo Center
for details at 650-342-0822.

Mailing Address

